

# ARSCE

Association of Retired Seattle City Employees  
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The Association of Retired Seattle City Employees

Volume 40, No. 5



WELCOME TO THE FIRST DAY OF SPRING ~ MARCH 20TH



## OUR PRESIDENT'S MESSAGE

By Merle Overland

**I**t looks like another highly political year ahead – but at least this one is local and more in our control. Lots of folks seem to want the Mayor's job so this may be an interesting few months as the candidates jockey to draw the public's interest and find a message that sells. The Mayor's role has always seemed to me a very tough one, thankless in many ways, and complicated by being continually second-guessed. I do respect those who willingly wage the necessary campaign and take on the job. Seattle has been lucky to have some very dedicated, intelligent, and savvy people fill this office over the years. Good wishes to all the contenders!

And, speaking of elections, we too have one – right now! With this issue comes your ballot to help select members for our ARSCE Executive Board. I very much appreciate the dedication of current Board members who are willing to continue on in this capacity. Thank you Ann Beard, Judith Flemings, Barbara Graham, Anne Miller and Kathy Ray for your continuing work to maintain and strengthen ARSCE! We also welcome Pamela Baer and Ticiang Diangson as candidates on this year's slate – we appreciate your interest and willingness to serve on the Board. We always need new voices and new perspectives. The candidate information is also online on our website at [www.arsce.org/candidates2013.htm](http://www.arsce.org/candidates2013.htm). Please review the brief bios and return your ballot to indicate your support for ARSCE and your preferred candidates.

It is not too early to express our thanks to **Sharon Howell** and **John Randall** who are completing their terms on the Executive Board and have chosen not to run for re-election. We deeply appreciate your efforts on behalf of our organization and your voice on the Executive Board. You will be missed – but remember there is another election next year and you are always welcome to return! Sharon and John will remain on the Board until the end of June.

I recently looked through our membership list and was struck by the widespread geography of our members. Granted, most members are within the state, and I expected a lot of Arizona addresses, but then I noticed Florida, New York, South Dakota, Hawaii, Georgia, Texas, Pennsylvania, British Columbia, Louisiana and many more states. It is terrific that those of you living throughout the country are staying in touch through membership in ARSCE. We want you to know that we welcome your ideas, especially suggestions for the *ARSCE News* and our website; as to what information would be most useful to you and how we can address your concerns. Please send your input to [arscenews@arsce.org](mailto:arscenews@arsce.org). We look forward to hearing from you!

Good wishes to everyone as we move into spring. ~ Merle

Contact Mr. Overland at [president@arsce.org](mailto:president@arsce.org)

*From the Editor's Desk: Late last year ARSCE received member inquiries regarding an article that appeared in the October 10<sup>th</sup> – October 16<sup>th</sup>, 2012 issue of the newsletter, *Real Change*. The author of this article, Greg Hill, questioned the private equity investments made by the Seattle City Employees' Retirement System (SCERS). Additionally, the author questioned SCERS hiring a private financial consultant and the consultant's firm. The author claimed, "SCERS investments have performed poorly since 1984." ARSCE thought it necessary to have a complete picture of this 'discussion' and asked for a response to Mr. Hill's article. Please read the other side below.*

## Private Equity in the Seattle City Employees' Retirement System's Investment Portfolio

By Cecelia M. Carter, SCERS Executive Director

With all the *talk* about private equity firms these days, I thought it would be helpful to explain to our members the importance and the use of private equity in the Seattle City Employees' Retirement System (SCERS) investment portfolio. In January of this year, I met with our ARSCE board to discuss the private equity holdings in the SCERS portfolio. This was prompted by a recent article denouncing the use of private equity as an investment vehicle, especially in the SCERS portfolio. Let's first understand, private equity is a broad term used to describe an asset class consisting of equity securities and/or debt securities in operating companies that are not publicly traded on a stock exchange. Only "accredited investors" are permitted to invest with private equity firms. The average investor cannot invest in private equity firms because of

*continued on page 3*

### Mayor's Request to SCERS

**"I ask that you divest your investments in fossil fuels..."**  
**"The [City] pension system currently has 17.6 million dollars invested in ExxonMobil and Chevron."**

*For details, see the Mayor's complete letter on page 3*

**For ARSCE Members Only:**

**PLEASE EXERCISE  
YOUR RIGHT TO VOTE.  
YOUR EXECUTIVE  
BOARD BALLOT IS IN  
THIS NEWSPAPER.**

**Thank You!**



# YOUR PENSION NEWS



By Lou Walter, Retired Employee  
Member of the Seattle City Employees' Retirement System

## Advocacy, Education, and a Challenge

Founded in 1973, ARSCE is the principal retiree association working to protect City pension funds. ARSCE focuses on all matters affecting City of Seattle retirees. On important issues, it educates, advocates, and communicates to its members – who are all Seattle City Employees' Retirement System (SCERS) pension stakeholders – information pertinent to their welfare.

ARSCE was the “Tip of the Spear” in its pursuit of benefit improvements including a Cost-of-Living Adjustment (COLA) and a “Loss of Earning Power” provision. Harry “Gordy” Gordon, Russ Teller, and Eddy Haw, all ARSCE pioneers, attended SCERS Board meetings and Seattle City Council meetings along with other ARSCE members. ARSCE people spoke with Seattle City Council candidates about retirement issues. ARSCE also endorsed candidates for the SCERS Board of Administrators. Without that endorsement, one would have had little hope of being elected as an employee representative on the Board.

Years ago, SCERS Board meetings would have at least five to twelve ARSCE Board members in attendance who would speak to/respond to issues before the Board. I am the last SCERS Board of Administrators member to receive ARSCE's endorsement.

SCERS Board of Administrators elections are held by mail; or today, one can choose to vote electronically. ARSCE needs to consider developing a more enhanced strategy to inform its members and active (still working) City employees about the importance of SCERS pension issues through this newsletter and its website – [www.arsce.org](http://www.arsce.org).

SCERS and the Seattle City Council will soon make recommendations and changes that will affect currently working and retired City of Seattle employees. ARSCE's voice must be part of this process. I think an augmented ARSCE advocacy will bring new members into the organization. We need more voices and we need engagement in the processes available for us to use. There are 5,000 retirees out there. Let's figure out how to educate them on issues now confronting the pension system. I know this is easy to talk about and harder to do... but, we must do it because it is hard. I'll try to recruit one new member for ARSCE each month. Can I get a commitment from other ARSCE members to try doing the same?

Finally, IBEW Local 77 will send out a mailing to retired City of Seattle IBEW members and this will include an ARSCE membership application and a written encouragement asking them to join.

### Rod Rich

It was another sad moment when I heard the news of Rod's passing. My thoughts and prayers go out to Sally and his son Rich. Rod had not retired yet. At 80 he was still working, managing the City of Seattle's cash flow and he was a past elected employee representative on the SCERS Board of Administrators. He was a strong advocate for both active and retired Seattle City employees.

**GO ONLINE**

to [www.arsce.org](http://www.arsce.org) and click on “Events and Discounts” to learn about discounts you may be eligible to enjoy!



### Inside this Issue

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- Page 11 – Jun For Fun
- Page 12 – Spring Luncheon Reservation Form

## Essential Telephone Numbers And Web Addresses

**ARSCE:** 206.992.7311  
(Change of Address/Membership Questions)  
**E-mail:** [financial.secretary@arsce.org](mailto:financial.secretary@arsce.org)  
**Website:** [www.arsce.org](http://www.arsce.org)

**Mayor's Office for Senior Citizens:** 206.684.0500  
(Information on available programs/services)  
**E-mail:** [seniors@seattle.gov](mailto:seniors@seattle.gov)  
**Website:** [www.seattle.gov/human\\_services/seniorsdisabled.mosc](http://www.seattle.gov/human_services/seniorsdisabled.mosc)

**Personnel Department:** 206.615.1340  
(Benefits)  
**E-mail:** [benefits@arsce.org](mailto:benefits@arsce.org)  
**Website:** [www.seattle.gov/Personnel/](http://www.seattle.gov/Personnel/)

**Retirement Office:** 206.386.1293 or 1.877.865.0079  
(Retirement Checks/Health & Dental Benefits/General Questions/Change of Address/Tax Withholding)  
**E-mail:** [retirecity@seattle.gov](mailto:retirecity@seattle.gov)  
**Website:** [www.seattle.gov/retirement](http://www.seattle.gov/retirement)

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Contact us at [www.arsce.org](http://www.arsce.org)

Or telephone us at 206.992.7311

*From the Internet***Seattle Mayor's Letters Requesting Fossil Fuel Divestment**

*On Friday, December 21, Seattle Mayor Mike McGinn wrote to the city pension funds [stet] requesting that they divest from fossil fuels. The full text of the letters are below.*

To the members of the Seattle City Employees' Retirement System Board:

I write to you today to ask that you refrain from future investments in fossil fuel companies and begin the process of divesting our pension portfolio from those companies. I recognize that this process will require a thorough evaluation of the portfolio's performance, assets, and investment strategies. City staff stand ready to assist you in this work.

Climate change is one of the most important challenges we currently face as a city and as a society. We have watched in recent weeks as weather influenced by climate change has caused significant damage and financial losses to cities and states on the East Coast. The projections suggest that the problem could get much worse. According to Bill McKibben and [350.org](http://350.org), fossil fuel corporations now have 2,795 gigatons of carbon dioxide in their reserves, five times the amount considered safe to avoid catastrophic climate change.

I believe that Seattle ought to discourage these companies from extracting that fossil fuel, and divesting the pension fund from these companies is one way we can do that. The City's cash pool is not currently invested in fossil fuel companies, and I already directed that we refrain from doing so in the future. In addition, I am asking the Deferred Compensation Plan Committee to develop options for City employees to allow them to move their investments out of fossil fuel companies if desired, and to offer fossil fuel free investment choices to them refrain from future investments in fossil fuel.

The City of Seattle's finance director informs me that two of the system's top 10 investments are with ExxonMobil and Chevron. The pension system has currently \$17.6 million invested with these two firms, which represents roughly 0.9% of the system's \$1.9 billion in assets. I understand that it is likely the system has investments in other fossil fuel-related entities as well.

There is a clear economic argument for divestment. While fossil fuel companies do generate a return on our investment, Seattle will suffer greater economic and financial losses from the impact of unchecked climate change. Our infrastructure, our businesses, and our communities would face greater risk of damages and losses due to turbulent weather that climate change causes. As a waterfront city, several of our neighborhoods and industrial districts are at risk if climate change causes a significant rise in sea level.

I believe that Seattle's pension funds should be invested in companies that can provide a good return on our investment without putting our city and our future at risk. I am ready to work with the City Council and the pension board to make this happen.

Sincerely,

Mike McGinn  
Mayor of Seattle

**Always Beneficial**

By Renee Hubbard Freiboth 

Ms. Freiboth's informative column was not available at press time. Look for it in the May/June issue.

**Private Equity in SCERS** *continued from front page*

the Securities and Exchange Commission rules and the illiquid nature of the securities.

As a retirement trust fund (an institutional investor), SCERS is permitted to invest in private equity. There are different types of private equity categories. Each category has its own set of goals and investment strategies. However, the primary objective is to provide working capital to a company and to nurture such actions as expansion, new product development, or restructuring of the company's operations – management – or ownership. After years of nurturing and developing and reorganizing, the private equity firms then seek out what is called "an exit strategy." An exit strategy is where the company may go public and sell its securities into the public markets where you and I can then purchase shares on a public stock exchange, or they may sell the company back to a family conglomerate, or merge the company into a larger company.

**What is Expected of the SCERS Investment Portfolio?**

SCERS' actuarial assumption is currently at 7.75%. That means our Actuary, when running assumption models and projections to determine the plan's total cost, assumes the plan will average a 7.75% rate of return (annually) on its investment portfolio over a 30 year period. As an asset class, private equity is expected to provide risk adjusted returns to the SCERS portfolio that exceed those of the public markets. Private equity is expected to balance out the public markets and the fixed income markets. It is also a portfolio diversifier – meaning that it reduces the risk of the portfolio due to not being perfectly correlated with the other asset classes. That is why the benchmark to monitor performance on our private equity managers is the "Russell 3000 + 3%" – meaning we expect the private equity asset class as a whole to return 3% more than what we could expect from the public markets; in exchange for the funds being tied up in an illiquid investment.

The following is the SCERS private equity portfolio performance as of the quarter-ended September 30, 2012:

	SCERS Private Equity Portfolio	Russell 3000 + 3%
• For the Quarter	2.9%	-2.4%
• For the Rolling 12-months	16.0%	6.9%

This information along with the total portfolio performance is available on our website at [www.seattle.gov/retirement](http://www.seattle.gov/retirement) under the "Investments" link and is updated quarterly.

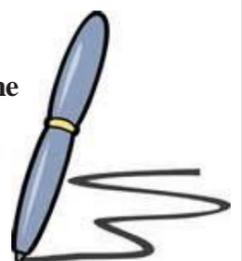
I hope this brief overview of private equity and its use within the SCERS portfolio provides our members (active and retired) with an understanding of the use and importance of private equity in the management of the SCERS investment portfolio. Please continue to follow the fund's investment performance as we post information to the SCERS website.

Thank you.

**Writers Wanted!**

Do you have a passion to share with others?  
Perhaps you have a unique hobby, or fun passtime  
you're excited to encourage someone to try.  
Tell us about it!

It could be that you're our next columnist.  
Tell us about yourself. Contact us at:  
[arscenews@arsce.org](mailto:arscenews@arsce.org)



## WELCOME NEW MEMBERS!

Rex Allen, Transportation  
Stephen Brewer, City Light  
Patricia Brock, Library  
Charles Coldwell, Library  
Nancy Eng, City Light  
Jeanette Geiger, Parks  
Joseph Greene, City Light  
Bill Grosso, Transportation

Larry Howell, Associate  
Michale Nordin, City Light  
Jim Palmason, Transportation  
James Parker, Public Utilities  
Amy Patton, Transportation  
V. Elaine Puderbaugh, Library  
Frank Ray, Construction & Land Use  
Riana Roloff-Torres, Parking Enforcement

Bill Schrier, Information Technology  
Rajaraman Srirangadhama, Parks  
Glenda Maxwell Surdam, Personnel  
Glenn Swartout, Engineering  
Alfredo Verzosa, Parks  
Shizue Watanabe, City Light  
Kathleen Winge, Executive Services

## Parks Department Retiree News

By Alan Hovland

Welcome to all new ARSCE Readers: Several Parks and Recreation Retired Employees have mentioned to me how much they enjoyed receiving the January/February issue of the newsletter that was sent to all City retirees and because of that they are now joining ARSCE. Several current employees have told me that they are going to join also.

Myron Healy: "I must admit that I always look at the section in *ARSCE News* that lists the deceased retired employees." I remember Myron who was the Foreman with the Zookeepers at the Woodland Park Zoo. He was a child of the Depression and worked hard at many jobs, as many as three at a time, like most City employees at that time. He was a true character and dedicated worker.

Dave Towne: Speaking of the Zoo, Dave Towne recently joined the "ARC" Board (Associated Recreation Council) which he helped start when he was the Superintendent some 38 years ago.

Malcolm Boyles, retired Recreation Coordinator, is enduring some very serious health issues with a positive attitude and the good thoughts from all.

Our Montana retiree, George Varichak, reported into Ernie Ferrero about how he had "now really retired" to hunt and fish, and to drive to Missoula to check on his daughter and granddaughter. George worked in the Athletics Section with the great Arnie Aizstrauts.

Ron Bullock, who was still working, passed away in December. Ron worked in the computer section, and along with other distinctions designed the Department's first scheduling program. Ron was very patient and kind in helping those of us whose jobs increasingly involved computers over our many work years.

Current Projects: I have two projects going on right now. I remain as the chair of the Ballard NW Senior Center's 20<sup>th</sup> Anniversary Auction "Spring for Seniors" which will occur on

Sunday, March 24<sup>th</sup>. Check out [www.BallardSeniorCenter.org](http://www.BallardSeniorCenter.org). The second project involves donating books which will be sent to children in the countries around South Africa. Look at [www.usrotary.org](http://www.usrotary.org) and [www.rotarybooksfortheworld.org/](http://www.rotarybooksfortheworld.org/).

Joe Neiford really did retire in December.

January Retiree Luncheon: Jesse Howell reports that Jim Secretti, a retired plumber, joined the regulars at the luncheon. Bob Gill even put in an appearance to the delight and surprise of all. Jesse also saw the elusive Gary Breakfield, further details only upon request.

Debi Skaw recently moved to Everett and Pat Coupens is busy with many activities in Arizona.

"Steve" Sitaveni Taimi retired after working 37 years for the Department in Grounds Maintenance, including time in the SE District, Fort Dent, and for the past 18 years at Lincoln Park. A great smile and a can-do attitude contributed to making many friends. Steve plans to spend more time in Hawaii. (Update thanks to Pam Lucarelli.)



Molly Tagart, Bob Nealer & Vance Tagart at ARSCE's 2012 Christmas Luncheon.

Mr. Hovland can be reached at [parksnews@arsce.org](mailto:parksnews@arsce.org)



### Public Works Crew

Norm McCrea, Pam Lucarelli, Barb DeCaro, Tom Baulig (checkered shirt, back row, 4th from the right), and I have all helped identify the employees in this picture. If you recognize yourself, contact me through ARSCE. Yes, I know that some of these people are no longer with us. I promise to identify everyone in the next issue of *ARSCE News*. – Al Hovland

## CANDIDATE STATEMENTS FOR THE MARCH, 2013 ELECTION TO THE ARSCE EXECUTIVE BOARD

**Your election ballot can be found in the pages of this newspaper. Please familiarize yourself with the candidate information listed below and cast your vote to be certain your interest is represented.**

\* **Note: To be counted, your completed ballot must be received at the ARSCE P.O. Box by Wednesday, March 13th, 2013.** \*

**PLEASE VOTE FOR JUST SIX (6) OF THESE SEVEN (7) CANDIDATES.**

### ANN BEARD

Ann was first hired as a Parking Checker in 1969 and retired in 2000 after 30 years of service. For many years Ann has been involved in the community through the Seattle Italian Club and St. Vincent De Paul.

“Job security, paid vacations, seniority, and good health benefits have all contributed to working for the City for so many years. I want to be an ARSCE Board Member to be able to bring new ideas to help further strengthen the retiree’s position. I feel I can help by representing Parking Enforcement retirees and also those who retired from the Police Department. I am committed to help reduce the cost of medical premiums. Being on the ARSCE Board will allow me to enhance my involvement and further commitment to my fellow retired employees.”

### PAMELA BAER

Pam retired from the Seattle Public Library in August 2007, as a dual member. During her 15 years with the library she held the position of Payroll & Benefits Specialist where her duties included processing payroll for approximately 600 employees, conducting new benefit orientations, advising employees regarding options and changes, and administering the FMLA program. Prior to the library, Pam worked for Grays Harbor County PUD (PERS I) for 15 years. She was hired as their mail clerk and quickly moved through a variety of positions including customer service, billing clerk, and accounts payable, accounts receivable and payroll accountant.

Since retirement, Pam has been busy volunteering at her son’s school including coordinating the school’s annual fund, auction data entry, and volunteer/communications coordinator for the school musical. For the past year she has been providing accounting services on a contract basis to the Seattle Public Library Foundation.

Pam was recently appointed as the Financial Secretary for ARSCE and is currently a member of the Communications Committee. She is concerned that the City is looking at ways to adjust the current retirement system. She strongly believes in the work the ARSCE board is doing to watch out for the welfare of all City employees, retirees and future retirees.

Pam is married to Dan Baer, Housing. They are raising two boys. She loves reading, baking, walking the dog, and when she can fit it in, traveling.

### TICIANG DIANGSON

Ticiang started working for the City in 1981, for a brief minute as a social worker in the Human Services Dept. until the federal at-risk youth programs were cut. She then got hired on at City Light as an Energy Conservation Rep through Project Hire. In 1987, she moved to the Solid Waste Utility/Engineering Dept. to join the team kicking off curbside recycling (she was the inaugural editor of Curb Waste and Conserve). When the Engineering and Water Depts. merged into Seattle Public Utilities, she was working on household hazardous waste programs and continued that work until 2005 when she became the inaugural director of the Environmental Justice & Service Equity Division at SPU. She retired from that job in February 2012. Currently she volunteers as a board member of the North Beacon Hill Community Council. She’s interested in being on the ARSCE board to work on the possibilities of making the City retirement process more customer-friendly.

### JUDITH FLEMINGS

I am a former Clerk II with Seattle City Light; a Clerk IV at the Executive Department’s Citizens Service Bureau (where I eventually became the CSB Director); and I retired from the Department of Human Resources as an Executive Assistant in 1990. My background, as a managerial problem-solver, works well for ARSCE and, with your favorable vote, I will continue to serve our organization capably. I still believe “all things are possible” if you work hard to achieve the necessary goal(s). There is still one disparity that exists between pre-1998 retirees and post-1998 retirees. That difference — still to be resolved — is “The Pop-up.”

### BARBARA GRAHAM

As your current ARSCE Vice President, I chair the Legislation Committee. I have been working diligently with other Board members to identify and address concerns of our members. Toward that end I will continue to help ARSCE determine how we can help members. I also welcome current employees who are now eligible for full ARSCE membership. I enjoyed over 30 years of City service, retiring from the Engineering Department in 1996.

### ANNE MILLER

As a Cost Accounting Supervisor, Ann retired in 2001 after 27 years in Transportation. While working at the City she spent time volunteering at Second Harvest in Seattle, and served as President of SEDSO (Seattle Engineering Dept. Service Organization) in the 90’s when there were over 750 members. Ann helped start the Go Getters Investment Club in the 80’s as a personal strategy for a successful future retirement. She is interested in helping ARSCE by making sure we have lots of fun activities and loves to plan parties! Ann has served as an Alternate Board member and has been helping organize meetings and activities for ARSCE.

### KATHY RAY

Kathy was hired by the Fire Department in February 1968 and retired in October of 1996. She worked in the Chief’s office as assistant secretary. At that time, this included all personnel functions and secretarial assistance to the Training Division. In April 1970, she transferred to the Training Division located at Fire Station 14 where she was responsible for providing administrative support, producing manual revisions, training materials, and the Division’s budget. She was actively involved in early recruiting efforts for minorities and women.

After 3 years of “retirement” she went to work for Stadium Flowers in Accounts Payable and customer service. She then officially retired in April 2008. Kathy stayed involved with the Fire Service through membership in the Seattle Fire Buff Society, which provides rehab and assistance at fire locations for Seattle and Shoreline.

An incumbent ARSCE Board member, Kathy has an interest in continuing to serve on the Board to help with achieving ARSCE’s goals. She serves on the Election and Entertainment Committees. “I have a special interest in the areas of health and long-term care insurance and increasing active member participation in ARSCE activities.”

This candidate information can also be found online at: [www.arsce.org/candidates2013.htm](http://www.arsce.org/candidates2013.htm)



## We Get Questions: “What Are Golden Contributions?”

Since ARSCE operates on a limited budget, donations are always welcome and very much appreciated. ARSCE is a non-profit 501 (c)(3) organization. Your donation is tax deductible within the parameters established by the Internal Revenue Service.

Regular donations are noted in the “**Golden Contributions**” section of *ARSCE News* – listing the donor’s name and department retired from.

Donations in memory of someone are noted in the “**Memorials**” section of *ARSCE News*. The name of the deceased person for whom the donation is made and the donor’s name and department retired from are listed. If you would like the family of the deceased person notified of your donation, please include their name and address. A letter will then be sent to them telling of your memorial donation.

Mail donations to ARSCE, P.O. Box 75385, Seattle WA 98175-0385; or go online to [www.arsce.org](http://www.arsce.org) to contribute. You may also fill out the “Membership Application Form” on page 12 of each issue of *ARSCE News* or donations can be made utilizing a luncheon reservation form. If you have any questions, please call Pam Baer at 206-992-7311. Thank you.

# The Computer Guru

By Larry Howell



## Considering All Things – Email

The most impressive observation I make every day with my Senior Center clients is the degree with which they have embraced technology that didn't exist during their (and my) educational process. Party-line telephones and "snail mail" have been pushed aside by smart phones and email. I will admit that I'm really not into Social Networking websites...yet.

If you are a frequent user of web email services, such as Yahoo, Gmail or Hotmail, you may want to consider using an email client (software) installed on your computer to process your email messages. Popular email client software examples include Microsoft Outlook, IBM Lotus Notes, Pegasus Mail, Mozilla's Thunderbird, Windows Live Mail, Evolution and Apple Inc.'s Mail. For a more comprehensive list and evaluation of email client software (including some excellent free email applications), visit the website provided at the end of this column.

Two good reasons for using an email application installed on your computer are:

- The convenience of being able to access multiple web email accounts in one program.
- The email software stores your email messages on your computer's hard drive. Your email messages and contact information can then be included in the routine backup of the user's files to a backup device, such as a USB Hard Drive.



*Note: As web email continues to evolve, some features are not exclusive to computer based email applications.*

The combination of these two features, security and convenience, provide a strong case for using an email application on your home computer. *(The web email on your email provider's server will still exist. You will just be using an alternative method of accessing and processing your email.)*

Hint: If you choose to use an email application to manage your email messages on your personal computer, it is very important to set up the email application options to leave a copy of the email on the web email server (Yahoo, Gmail, Hotmail, for example). Maintaining the current email in the inbox on both the web based server and the home computer email application provides you the best of both worlds.

- The home computer based email application provides, in my opinion, the most convenient and secure environment for storing and processing your email.
- Retaining a copy of the email on the Internet/web based server provides you an alternate means of accessing your email from any computer just by logging in to the web email website (Yahoo, Google, Hotmail, for example) when your personal computer is not available.

The final email options to consider are the full featured commercial (meaning there is a cost involved) email applications, such as Microsoft Outlook. Commercial email applications provide users a comprehensive set of tools, which heavy email users will appreciate:

- The ability to create multiple local folders;
- Automatic spell check;
- Inserting foreign language characters;
- Enhanced junk mail filters;
- The ability to create rules to direct emails from specific senders to dedicated folders;
- The ability to create rules to send offensive emails directly to the delete folder;
- The ability to use multiple identities;
- Support for web mail, POP, IMAP, Microsoft Exchange server, and secure server support;

- Enhanced spam filtering and more effective blocking of phishing email attempts;
- Expanded integration with social media;
- The information tied to the people in your contact list includes more than just the typical information of name, email, and other basic contact information.

These enhanced features are more than the casual user needs, and the complexity and multiple features increase the learning curve for new users. However, for busy professionals these features are great tools for managing multiple email accounts, appointments, and tasks.



Finally, one personal suggestion – create more than one email account. Actually, I suggest having three email accounts.

- Create a primary email account using non-Internet Service Provider email services, such as Yahoo, Gmail, and Hotmail.
  - Use this primary email account strictly for communications with friends.
- Create a secondary email account that you use as the login or user name for Facebook, Amazon, and other online websites.
  - This account will attract almost all of the spam email you will receive and keep the junk email out of your primary email inbox.
- Your third account will be the web email account provided by your Internet Service Provider (Comcast, Century Link and Frontier, for example).
  - My personal preference is to not use the Internet Service Provider's email account for personal email. If this email account is hacked, all of the billing information in your customer profile may be compromised.
- *Note 1: Use a different password for each email account. In this situation, protecting your personal information trumps the convenience of using the same password for every account.*
- *Note 2: When creating a login on a website that requires you to use an email address as the username, create a password for that website which is not the actual password for the email account.*

Hackers and Identity Thieves are thorough and persistent. Make it as difficult as possible for them to access your email account and the personal information it may contain.

### Reference Information – Email Client Software

- Visit <http://download.cnet.com> for a listing of email clients rated by both the editors and users.
  - Enter "email client" in the search window
  - On the left side of the screen, select the following options:
    - Price: "free"
    - Platform: "Windows"
    - Category: "Email Software"
  - Sort results by: "Editor's Ratings"

### Preview of Future Topics

- Backing up your personal files
- BSOD (Blue Screen of Death)
- Dealing with Pop-ups
- Routine user tasks
- When to buy a new computer
- What to look for when buying a new computer
- Printers

*If you have questions concerning the topics covered in this article or any other computer questions, please submit them by email to [Larry.Howell@arsce.org](mailto:Larry.Howell@arsce.org). Questions submitted to this column may be used (without identification of the sender) as content for this column. Mr. Howell works with other tech gurus to solve a myriad of computer issues that confound even the best of us.*

## In Memory

Note: Names with asterisk (\*) are ARSCE members

Rosalie Aschenbrenner, Beneficiary  
Died: 11/11/12  
Age: 88

William Berry, Transit\*  
Retired: 01/01/93  
Died: 10/19/12  
Age: 81

John Crickmer, Health\*  
Retired: 09/01/92  
Died: 12/04/12  
Age: 84

Betty Crider, Library\*  
Retired: 04/01/92  
Died: 10/12/12  
Age: 82

William Cunningham, City Light  
Retired: 08/28/96  
Died: 11/23/12  
Age: 78

Alice Betty Dahl, Beneficiary  
Died: 10/29/12  
Age: 87

Mary Louise Deen, Public Utilities  
Retired: 04/28/10  
Died: 11/02/12  
Age: 65

Elizabeth Finnie, Fleets & Facilities\*  
Retired: 09/01/94  
Died: 11/22/12  
Age: 86

Mary Krie, Health  
Retired: 11/02/98  
Died: 11/04/12  
Age: 77

Carl Larson, Water\*  
Retired: 05/01/83  
Died: 12/08/12  
Age: 85

Wilma Palmateer, Transportation  
Retired: 12/01/76  
Died: 11/11/12  
Age: 97

Rodney Rich, Associate\*  
Died: 01/15/13  
Age: 79

William Schweizer, City Light\*  
Retired: 09/01/85  
Died: 11/06/12  
Age: 82

Melvin Tangborn, Executive Administration  
Retired: 01/01/11  
Died: 10/19/12  
Age: 69

Winnifred Wilson, City Light  
Retired: 04/01/80  
Died: 11/20/12  
Age: 94



## MEMORIALS

Pamela Baer, Library  
In memory of Sally Fox, Personnel

Karen Engstrom, Transit  
In memory of Glenn Engstrom, City Light and  
Stanley Engstrom, City Light

Frances Ross, City Light  
In memory of dear friends in City Light:  
Marge Sharper  
Chris Sawyer  
Sally Schau  
Rod Handley  
Bruno Benedetti  
Joan Burns

Maurice Hillyard, Engineering  
In memory of Dorothy Hillyard

Kathleen Winge, Executive Services  
In memory of Wilma Palmateer, Transportation

## Complete Our Circle



*Join ARSCE today as a Retiree, Beneficiary  
or even if you are currently working.*

**Application on Page 12.**

**Send ARSCE your news,  
short stories, and poems.**



**You can send your information to:**

**ARSCE News**

P.O. Box 75385, Seattle, WA 98175-0385

Or email your news and information to  
**[arscenews@arsce.org](mailto:arscenews@arsce.org)**

**NEXT NEWS DEADLINE: March 26th, 2013**

(All submittals become the property of ARSCE.)

## Golden Contributions

Milton Merkel, Metro  
Anne Miller, Transportation  
Walt North, Engineering  
Rodney Rich, Associate  
Bill Schrier, Information Technology  
Megan Taylor, Library  
Donald Wilson, City Light

## Ken's Paper Route



By Ken Hunich

### Where to Retire ~

#### The Midwest where...

- You've never met any celebrities, but the mayor knows your name.
- Your idea of a traffic jam is ten cars waiting for a tractor to pass.
- You have had to switch from "heat" to "A/C" in the same day.

#### Minnesota where...

- You will have four spices: salt, pepper, ketchup, and Tabasco.
- Halloween costumes fit over parkas.
- You will have more than one recipe for a casserole.
- Sexy lingerie is anything flannel with less than eight buttons.

#### Phoenix or Tucson...

- You are willing to park 3 blocks away because you found shade.
- You've experienced condensation on your hinny from the hot water in the toilet bowl.
- You can drive 4 hours in one direction and never leave town.
- You have over 100 recipes for Mexican food.

In my youth, in Seattle, I was a newspaper delivery boy. We senior citizens know what that was. Today papers are delivered by people in motor vehicles. The day of the "paper boy" has passed. Paper boy is foreign to today's young people, except when they see them in old black and white movies.

**Carrying The Papers** ~ The paper boy had a canvas bag with a shoulder strap. The bag was emblazoned with the bold, black-lettered name of the newspaper involved. Some paper carriers had a bag with two pouches, one for the front and one for the back. The carrier had to keep rotating the papers back to front to keep the weights approximately the same as the papers were delivered. Some newspapers were subscription-free advertisement sheets that came out once a week. Two major ones in Seattle were the *Buyers Guide* and the *Shopping News*. My first paper delivery routes were for these publications. One advantage they had was that you didn't have to remember to which house you delivered; you delivered to every house in your area.

**Newspaper Routes** ~ As I got older, I had a *Post-Intelligencer* route. It seemed all you had to do was ask around and one was available for you. The young carriers didn't remain long with their routes. It was wearing for a school boy to get up very early every morning, rain or no, usually in the dark, and walk your route, come home and eat your breakfast, change your clothes and stumble off to school (there were no school buses in those days). Because of the early morning arising, getting to bed by 8 PM was necessary, but it usually ended up later, frequently because of some program I listened to on the radio, perhaps listening to the Lone Ranger and Tonto. Of course, there was no television; proving wrong the misconception of some today who believe that Adam and Eve had television.

I seemed to be forever sleepy. So it's understandable why there was significant turnover among those who delivered the morning paper.

I later got an afternoon *Seattle Times* route, which was harder to get. These routes were desirable time-wise; so those who had them kept them.

**Carrying Weight** ~ You could carry your double-pouch paper bag with papers on your front and the back and walk your route. But sometimes there was much walking distance between customers, so carriers used their "balloon-tired" bicycles on their routes. Some carriers tried to ride their bikes with their front-and-back pouches filled, but the front bag bumped your knees and the bag hitting the handlebars made steering difficult. Further, the extra weight made it uncomfortable sitting on a bicycle seat while the carrier's pumping legs alternately lifted one side or the other of the filled front bag. Putting the bags on the rear carrier rack occurred to other carriers, but just hanging the bags there caused the bag's front and back corners to curl into the rear wheel's spokes and to get entangled with the chain.



With some pieces of plywood, screws, etc., I figured out how to carry my paper bag on the rear carrier rack. My arrangement addressed the problems and it worked pretty well. (I didn't then recognize that I was already showing the strangeness my wife says is necessary for someone to become an engineer.)

**Sunday** ~ The *Sunday Times* was always a difficult delivery. For starters, it was the one day of the week you had to get up early to deliver the paper. I remember wondering why we were required to deliver the papers extra early on a day when the customers slept late.

The *Sunday Times* was larger and much heavier than the daily ones causing the fathers of the carriers to help deliver the papers with the family car. My father died when I was 10 years old and I was raised with state assistance. I had no dad to help; I was on my own. Delivering on my hilly route was tiring and a load greater than I could carry at one time. My route was in South Seattle, east of Rainier Avenue, between Hillman and Columbia Cities. I would have to carry half of my Special Editions or Sunday papers so I could use my bicycle.

Occasionally there was an extra large special edition. Carriers were paid extra with a credit on their monthly paper bill. Nevertheless, it was another especially tiring delivery.

**Collections** ~ At the end of each month, carriers were given a receipt book to be filled out with the subscriber's name, address, and amount due (for Daily only, Sunday only, or Daily and Sunday), then trudge my route again after dinner to collect the amounts due. If you got sloppy and didn't give a Stop notification when a subscriber quit, you got extra papers for which you had to pay. If someone left without paying the newspaper bill, the carrier who had trudged every day to bring your paper was caught short, not the *Times*.

It was always surprising how many subscribers, who probably were short on money until the next payday, likely paid first for a six-pack and put off paying the paper boy with various alibis that required the carrier to come back more than once to be paid for the papers delivered. Heck, he was only the paper boy, not a collection agent!

And there is security. Which parents today would allow their 12 year old son to wander alone at the end of every month in the dark, rainy evenings, going house to house to collect money for the paper? I was frequently impressed with how much money I had on me after a night of collecting. Today such a person would be a mark for mugging.

**My Problems** ~ One of my complaints involves current newspaper advertisements. The Sunday edition is a prime example; just pick it up. Its sheer weight and size sets the tone. Throw a couple of issues in a house paper container and the container is too heavy for many to move.

The utter number of pages and the format of the advertising are overwhelming! Some ads are printed on newspaper-sized



**Ken's Paper Route** *continued from page 8*

newsprint stock, but most are printed on slick, clay-filled paper in multi-colored and multi-sized printings. Some inserts are short, tall, or wide; indiscriminately assembled atop one another without order. Some ads are upside down without regard to others; on some you are presented with the section's back. With all the pages "shouting" in print to get your attention – the difficulty to read something upside down, and reversed front to back, and the sheer volume of ads – I find the answer is to avoid them all. I search for the news and other information sections that interest me, pull those out, and throw away all the rest, unread!



A thought frequently passes my mind: the advertisement has a high cost to prepare, print and deliver; how many people read it and are affected in their buying? Is this really cost effective for the stores that pay the bill?

Now for me, papers delivered nowadays leave a bad taste in my mouth as I curse under my breath while I struggle to lift the too-heavy waste container, get it down the stairs and emptied into the recycling container. I wish there were some way I could have a newspaper person put these unread, heavy, #\$\$@\*% parts of the paper directly into the bin instead of at my front door and relieve me of the chore of putting it all out for recycling.

*Advantage of Age ~*

*Reporters interviewing a 104-year old woman:*

*"What do you think is the best thing about 104?" he asked.*

*She simply replied, "No peer pressure."*

*The elderly man commented:*

*Have bouts with dementia.*

*Have poor circulation; can hardly feel my hands and feet anymore.*

*Have lost all my friends. But thank God, I still have my driver's license.*

*A blind man walks into a bar, grabs his dog by the hind legs and, and swings him around in a circle.*

*The bartender says, "Hey Buddy, what are you doing?"*

*The blind man says, "Don't mind me. I'm just looking around."*

You can contact Mr. Hunich at [kenhunich@arsce.org](mailto:kenhunich@arsce.org)

**LOOKING FOR A VOLUNTEER OPPORTUNITY**

Many ARSCE members currently volunteer. Others would like to volunteer but are not sure what opportunities exist. Space limitations mean we cannot list individual opportunities in the ARSCE News.

Please refer to these two extensive websites for volunteering opportunities in the Seattle area: United Way of King County ([www.uwkc.org/volunteer](http://www.uwkc.org/volunteer)). This is probably the most comprehensive of the local volunteer opportunity websites. A search of their database using the term "parks" returned 76 different volunteer opportunities; "animal" returned 65 opportunities, "home" returned 141, "senior" returned 50 and "children" returned 595. You can register on the site and arrange to have internet "feeds" sent to you about volunteer opportunities in areas that interest you.

Volunteer Match ([www.volunteermatch.org](http://www.volunteermatch.org)) is another very good comprehensive site with some interesting geographical limit capabilities. Enter your home zip code to start.

**The View from the Buses**

*By Paul Pioli*

The North End Saturday breakfast for January was held at the home of **Roger and Sandy Renando**. The hospitality was outstanding as well as the buffet that was offered. The only thing was that the crowd was smaller than usual. The buffet included eggs strata, hash browns, waffles, hot cakes, a delicious fresh fruit mixture, coffee, and orange juice. The South End also has changed locations for breakfast. After being held at Germaine's for several months, they closed the doors in mid- December. The Burien Elks opened their doors again with breakfast at 8:30. Instead of the buffet as we used to have, we will order from the menu. One of the nice things about the breakfasts and lunches is the sitting around and talking about what was then. I remember working out of Jefferson Base for the "Pierce & Fayne Traction Company" as it was called. B.T. Pierce was the Station Master and John Fayne was the Window Man and Board Man. They stood behind their drivers when they were right, and would give you "hell" if you were wrong. When B.T. retired, drivers from all through Seattle Transit signed cards and gave a dollar. In the end we had enough to send B.T. and his wife on a round trip to Reno, plus a couple hundred in spending money.

On December 27<sup>th</sup>, **Jim Vaughn** was in surgery for 8 hours. They replaced 2 heart valves, repaired a blockage to try to stop the AFIB, and performed a single by-pass. His wife gave us updates on his condition. They believe Jim may have had a stroke affecting his left side, as well as ulcerated colitis, and he needed kidney dialysis. He was in Providence Hospital in Everett. Visitors were allowed for very short stays. Anyone who visited had to keep in mind that Jim had lost a lot of weight and he may have had a hard time remembering people. It is obvious Jim has been through a lot and needs our prayers and good thoughts. The latest update on Jim as of the morning of January 20<sup>th</sup>, day 22, was great news. They were able to have him up in a chair; he seemed to be doing better and smiled at a friend from Metro Transit. But don't forget the prayers, good thoughts, and even cards.

Don't forget to keep the 3<sup>rd</sup> weekend in May open for the "Carl Owens Golf Tournament". As usual it will be held in Winthrop, WA. and will be joined by golfers from BC Transit.

**RIP:**

Memorial services for **Mike Rossner** were held on Saturday, December 8<sup>th</sup>, at the North Creek Presbyterian Church in Mill Creek.

May you always have...

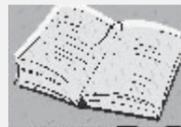
Walls for the wind, a roof for the rain, tea beside the fire, laughter to cheer you, those you love near you, and all your heart might desire. ~ An Irish Blessing

Happy St. Patrick's Day  
♦ March 17th ♦



## BOOK NOTES

By Lorry Garratt, Library



### **DEAD SCARED. By S.J. Bolton 2012**

Going undercover as a vulnerable student at Cambridge University after a rash of suspicious suicides, puts DC Lacey in a position of susceptible target because of her tragic past and basic insecurities. She has too many delusions, whispering voices and bad dreams and in this psychological suspense thriller dark, unreal fears prevail.

### **SEATING ARRANGEMENTS. By Maggie Shipstead 2012**

A funny, sprawling novel about family, fidelity, and social class as two wealthy clans come together in a splashy wedding weekend on an island off the New England coast. Winn VanMeter prepares to give away his pregnant daughter, Daphne, to the young scion of the Duff family but his long standing crush on Daphne's beguiling bridesmaid and his ongoing intense desire to belong to the prestigious Pequod Club overshadows the preparations in this intelligent, perfectly observed social satire.

### **TRUTH LIKE THE SUN. By Jim Lynch 2012**

Roger Morgan was the young charismatic mastermind behind the Seattle World's Fair in 1962. He becomes as recognizable as the countless world famous personalities who enhanced the magical introduction of a distant western outpost to the world. But there was political and urban intrigue behind the scenes and 50 years later as this anniversary is being celebrated, Roger Morgan, now in his 70s, announces that he is running for mayor. Helen Gulanos, a new reporter in town, is doing an in-depth background article on the still famous man and the revelations that emerge are a shadow over the civic achievement.

### **AN UNMARKED GRAVE. By Charles Todd 2012**

WW1 battlefield nurse and amateur sleuth Bess Crawford matches wits with a devious killer when she finds the body of a murdered officer concealed among the dead awaiting burial. Even more shocking is her recognition of the victim, a former member of her father's regiment and a family friend. Before she can act on her discovery she is stricken with the 1918 Spanish flu and, desperately ill, is sent home to England to recover. But when she is stronger, she remembers and begins the search for the corpsman who also saw the body only to discover he has hanged himself.

### **VALLEY OF ASHES. By Cornelia Read 2012**

Madeleine Dare has left her favorite New York City when her

husband Dean lands a promising job in Boulder, Colorado. Madeleine is isolated in a new place as Dean is constantly on the road and her fulltime job is caring for toddler twin girls. Her loneliness is partially eased when she lands a freelance newspaper job, but the rather mundane pieces she writes become less tranquil as a serial arsonist terrifies the city and her husband's job is not what she believed it to be.

### **TUMBLEWEEDS. By Leila Meacham 2012**

A richly textured west Texas saga which adroitly spans years of friendship, love and betrayal. Recently orphaned, 11 year old Cathy Benson feels she has been dropped into a cultural and intellectual wasteland when she is forced to move from her academically privileged life in California to the small town of Kersey in the Texas panhandle, where the sport of football reigns supreme. There she is taken under the wing of John Caldwell and Trey Don Hall, also orphaned and living with relatives, and both up and coming football stars. Later a love triangle develops that will define their lives and come to an unexpected climax when they reunite 40 years later.

### **THE LIFEBOAT. By Charlotte Rogan 2012**

In the summer of 1914, newlywed Grace Winter is traveling with her husband Henry home to America on a luxury cruise liner. A mysterious explosion sinks the ship and Henry, sacrificing his own life, secures a seat for Grace in a lifeboat. The boat is over capacity and it is soon obvious that for some to survive, others must die. Faced with the deteriorating Atlantic weather and dwindling supplies, a power struggle erupts which separates the strong from the weak and forces Grace to use every possible advantage to be a survivor.

### **A FATAL WINTER. By G.M. Malliet 2012**

Fr. Max Tudor, vicar of the village church in the quiet village of Nether Monkship, is handsome, charismatic, non-celibate, and a former spy for MI-5. When his friend, DCI Cotton, asks him to help investigate two deaths at Chedrow Castle, using as cover his real life role as village priest, he agrees with little reluctance. This cozy English mystery has everything for the genre - greedy relatives, intricate puzzles, and a fabulous setting. And don't forget the "downstairs" staff which also supplies an interesting side plot.

Contact Ms. Garratt at [booknotes@arsce.org](mailto:booknotes@arsce.org)

## Fellowship All Over Town



**Engineers Luncheon:** Retired County and City Engineering people meet for lunch quarterly. Call Barbara Graham @ 206.525.7859; or John Randall @ 206.723.4118; or Ted Ormbrek @ 206.522.7867; or Joe Curulla @ 425.643.0309 for info.

**City Light Line Crews & Friends Breakfast:** This group meets at Denny's at North 155<sup>th</sup> St. and Aurora Avenue N. on the first Thursday of the month at 8:30 AM. Call Bud Eickstadt at 206.362.8336 for information.

**RCLEA (Retired City Light Employees' Association) Lunches:** If you retired from City Light, you should be receiving the Newsletter sent out at regular intervals which lists the dates and locations of the informal luncheons and the more formal fall and spring luncheons. For information contact Frank dos Remedios 206.363.1938 or go to [www.rclea.net](http://www.rclea.net)

**Retired Range Service Employees** meet at the Blue Star Restaurant, 4512 Stone Way North, Seattle, at 8:30 AM on the second Wednesday of each month.

**Seattle Transit Breakfast (North End):** This group meets at Denny's at 155<sup>th</sup> Street and Aurora Avenue North every Tuesday at 7:00 AM. Contact Vern Brenden at 206.784.6907.

**Transit Retirees (South End):** Meet at Germaine's Kitchen in Burien at 127 SW 153rd Street on the third Saturday of the month at 8:30 AM for breakfast. Contact Al Ramey at 206.243.8504 or Whitey Rickert at 206.264.7131.

**City Light South End Crews and friends:** This group will meet for breakfast at 9:00 AM the first Tuesday of each month at the Denny's located on First Ave. So. and So. 148th Street. Call Arnie Schroeder at 206.824.1747 for information.

**SDot's Traffic Signal Division** retirees meet the 3rd Wednesday of each month at Tommy's Café, 74 Rainier Avenue South, in Renton, WA. Contact General Seymore at 360.893.6759 for information.

**METRO Retirees' Lunch:** This group meets at 11 AM the second Tuesday of Jan., Mar., May, July, Sept., and Nov. at Crazy Moose Casino, 22003 66th Ave. West in Mountlake Terrace. At 11 AM on the second Wednesday of Feb., Apr., June, Aug., Oct., and Dec., the group meets at Billy Baroo's Restaurant located at 13500 Interurban Ave. So. in Tukwila. For information, call Lonnie Sewell at 206.915.1415.

**Another Retired Transit Group:** This group meets the 1<sup>st</sup> Saturday of the month at 7:30 AM. Contact Dave Carter at 206.910.8311.

**Old Timers Luncheon Group MTD/DAS/ESD.** This group meets at 11 AM the first Monday of the month at the "Old Country Buffet", 4022 Factoria Square Mall SE, Bellevue, WA.

**Engineering Retirees' Lunch:** Engineering Dept. Field Personnel Retirees meet the 1<sup>st</sup> Wednesday of the month at 11 AM at the Denny's Restaurant located at N. 155th St. and Aurora Ave. No. in Shoreline, WA. Contact Roy Galloway at 206.362.3937 for further information.

**Parks Dept. Retirees' Luncheons** are held on the 2<sup>nd</sup> Wednesday of the month at the 125<sup>th</sup> Street Grill located at 12255 Aurora Ave. North. Meet at 11:30 AM for lunch. Contact Jesse Howell @ 206.282.5338 for further information.

**Health Dept. Environmental Health Workers and Spouses** meet weekly every Saturday for breakfast at 7:30 AM. All Health Dept. retirees are welcome. For information call John Nordin at 524.7837.

# Old Timers Luncheon Group MTD/DAS/ESD

By Jerry Robertson

Welcome to all as we continue our monthly luncheons at the “Old Country Buffet,” 4022 Factoria Square Mall S.E., Bellevue, WA, at 11:00am. Our meeting place seems to be ideal for most of those attending, as far as convenience of the location. There are a few of us that have a long commute, but the enjoyment of visiting with old friends and co-workers is worth the trip.

Ahead in 2013, our luncheon dates are: April 1, May 6, June 3, July 1, August 5, September 9, October 7, November 4, and December 2. As a suggestion – when you have your calendar for 2013 handy, mark the above dates for reference.

The attendance at our December Luncheon numbered twenty-one, and February attendance was nineteen. I would expect, as this year moves on, that the attendance counts will rise as the weather improves going into the spring of the year.

Terry and Jerry Robertson attended the ARSCE Christmas Luncheon, and, as usual, had an enjoyable time. This is an annual event that we look forward to each year. We sat at the same table as Janice and Bud Eickstadt. Bud is a City Light retiree and he and Janice are regulars at our luncheons.

Les Culver has become a regular in attendance at the luncheons and it has been great to visit with him. Jerry and Terry Robertson were unable to attend the January luncheon. Terry had foot surgery on that day. It was a procedure to repair a hammer toe problem. It was really strange not being with the group on that Monday.

December birthdays were celebrated by Bud Eickstadt, Marty Etquibal, Al Mayor, Don McBride, Gordy Nungesser and Edie Stubbs. January birthdays were observed by Orrin Cox, Janice Eickstadt, “Mo” Fukui, Kiyoto Hashimoto, and Jim Stubbs. “Mo” Fukui is a young 96 years old and continues to be in attendance at each month’s luncheon!

Best wishes to all of them and may they enjoy many more!



Birthday wishes to Janice Eickstadt and “Mo” Fukui celebrating his 96th year!

You can reach Mr. Robertson at [oldtimers@arsce.org](mailto:oldtimers@arsce.org)

## 20th Anniversary Auction

### “Spring for Seniors”

Sunday, March 24th, 5:30pm

“Spring for Seniors” is the 20th Annual Auction for the Ballard NW Senior Center. The Center depends on the local community to keep the doors open. Honoring 40 years of providing seniors a safe place to go with programs including nutrition, exercise, art and health.

Call the Center for more information at 206-297-0433 or go to their website at [www.BallardSeniorCenter.org](http://www.BallardSeniorCenter.org).



## Word Scramble ~ Just Desserts

Unscramble these sweet treats and desserts. An asterisk (\*) indicates the answer is made up of more than one word.

1. GEFDU \_\_\_\_\_
2. SOIOECK \_\_\_\_\_
3. TRIPAF A \_\_\_\_\_
4. CAREEMCI\* \_\_\_\_\_
5. WIRENOB \_\_\_\_\_
6. EEMYEKLIPI\* \_\_\_\_\_
7. RETTO \_\_\_\_\_
8. MUSPINO \_\_\_\_\_
9. OATIPAC \_\_\_\_\_
10. DURSCAT \_\_\_\_\_
11. PLEASPRICIP\* \_\_\_\_\_
12. IARMBOAS \_\_\_\_\_

ANSWERS:

1. FUDGE	6. KEY LIME PIE
2. COOKIES	5. BROWNIE
3. PARFAIT	4. ICE CREAM
4. TAPIOCA	3. CUSTARD
5. SPUMONI	2. APPLE CRISP
6. TORTE	1. AMBROSIA

DOOR PRIZES!

# FREE Financial Fitness Day

Your connection to financial and job search resources

Saturday, March 9, 2013  
10 a.m. to 3 p.m.

Rainier Community Center

4600 38<sup>th</sup> Avenue S, Seattle  
(From Rainier Ave S, turn east on S Alaska St and left onto 38th Ave; Bus routes #7, #50 and #42)

**Get one-on-one help with:**

- Credit, debt and budgeting
- Financial planning and investments
- Homeownership and foreclosure
- Bankruptcy and consumer rights
- Starting a business
- Social Security/Medicare/Medicaid
- Student loans and FAFSA
- Veterans’ benefits
- Resumes and job hunting

**At Financial Fitness Day:**

- Have your tax return prepared (eligibility limits apply)
- Print a free credit report
- Open a checking or savings account
- Get screened for citizenship applications and fee waivers
- Apply for public benefits (food, utilities, child care, health insurance)
- Shred financial documents
- Attend free workshops on money issues and job readiness

For more information and what to bring, visit [www.skcabcc.org/FinancialFitnessDay](http://www.skcabcc.org/FinancialFitnessDay) or call 888-864-8549 (register if you need child care, language interpretation or other accommodations)

Thanks to the following sponsors:

✦ JOIN US FOR LUNCH, FOR FUN, FOR FELLOWSHIP ✦



# ARSCE Spring Luncheon

**Wednesday, March 13th, 2013**  
**at the West Seattle Golf Clubhouse Banquet Room**  
**4470 - 35th Ave. SW, Seattle, WA 98126**  
**(Ample Accessible Parking)**

11:00am – Noon: No Host Bar & Visit with Friends  
**Lunch is served at Noon.**  
 Featuring a St. Patrick's Day Buffet with hot entre,  
 soup, salad and dessert; coffee & tea service.

**COST: \$20.00 Per Person**  
**Reservations due by Wednesday, March 6th, 2013**

Program: Seattle Metropolitan Credit Union  
 representatives will discuss the best management  
 practices and tools for online banking.

(Cancellations no later than 48 hours prior to the luncheon.  
 Cancellation questions? Call Pam Baer at 206-992-7311.)

**Please make your check or money order payable to**  
**ARSCE Spring Luncheon and mail it with your**  
**completed reservation form below.**



-----  
**NAME(S)** \_\_\_\_\_  
 \_\_\_\_\_  
**ADDRESS** \_\_\_\_\_  
**CITY/STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_  
**PHONE** \_\_\_\_\_ **DONATION \$** \_\_\_\_\_  
**No. Attending =** \_\_\_\_\_ **x \$20 each = \$** \_\_\_\_\_  
**TOTAL AMOUNT ENCLOSED: \$** \_\_\_\_\_

**MAIL TO: ARSCE SPRING LUNCHEON**  
**P.O. BOX 75385**  
**SEATTLE, WA 98175-0385**  
**PLEASE EMAIL YOUR RESERVATION EARLY!**  
*Thank You!*

**Advance Notice for ARSCE's "Day at the Races"**

**SEE YOU AT  
THE RACES ON  
JUNE 22ND!**



**SAVE  
THE  
DATE!**

Mark your calendar for Saturday, June 22nd, 2013 for an  
 enjoyable "Day at the Races" with ARSCE at Emerald Downs.  
 Included in your \$40.00 package is: Lunch, Reserved Seating,  
 Gift Shop Discount and a visit from an Expert Handicapper.  
 You won't want to miss this fun event! More information to  
 follow in the May/June issue of *ARSCE News*. Any questions?  
 Call Anne Miller, ARSCE Program Committee, at 206-937-6071.

**2013 MEETING AND PUBLICATION DATES**

- Wed. Mar. 13 – Ballots Due in PO Box
- Wed. Mar. 13 – Spring Luncheon Meeting
- Fri. Mar. 15 – Count Ballots
- Tues. Mar. 26 – News Deadline (May/June Issue)
- Wed. Apr. 10 – Executive Board Mtg. ~ Elect Officers  
 Lake City Neighborhood Service Center  
 12525 - 28th Ave. NE in Seattle  
 @ 10:30 am
- Fri. Apr. 26 – Mail ARSCE News (May/June Issue)
- Wed. May 15 – ARSCE Executive Board Meeting  
 Lake City Neighborhood Service Center  
 @ 10:00 am
- Tues. May 21 – News Deadline (July/Aug. Issue)
- Wed. Jun. 12 – Luncheon Meeting @ West Seattle Golf  
 Clubhouse Banquet Room ~ Swear in  
 Officers/New Board Members

**Note: Calendar is subject to change by Board approval.**

**Application for Membership:  
 The Association of Retired Seattle City Employees**

New Member  Beneficiary   
 Address Change  Dues Payment  Donation

Name \_\_\_\_\_ Tel. No. \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Date Retired \_\_\_\_\_ From Dept. \_\_\_\_\_ Amt. Encl. \_\_\_\_\_  
 If still employed with the City, indicate the number of years: \_\_\_\_\_  
 E-Mail Address \_\_\_\_\_  
 Annual Dues: \$12.00. Fiscal year is July 1 to June 30.

If you wish to have your dues deducted from the check you receive in  
 July, please fill out the following section for the Retirement Office and  
 include it with the rest of this coupon when you mail it to ARSCE.

**The Association of Retired Seattle City Employees  
 Dues Deduction Authorization**

To: The Board of Administration, City of Seattle Employees'  
 Retirement System:  
 The undersigned hereby authorizes the City of Seattle Employees'  
 Retirement System to deduct from my retirement, beneficiary and/or  
 disability allowance, such dues as are duly established from time to time  
 by The Association of Retired Seattle City Employees. Until further written  
 notice by me to The Retirement System Office, such deduction shall be  
 made annually from my July allowance and shall be paid to The Association of  
 Retired Seattle City Employees, P.O. Box 75385, Seattle, WA 98175-0385.

Name (Please Print) \_\_\_\_\_ Department \_\_\_\_\_  
 \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

**Mail to: Association of Retired Seattle City Employees**  
**P.O. Box 75385, Seattle, WA 98175-0385 Attn: Pam Baer**  
**Or Apply online at: <http://arsce.org/membershipapp3.htm>**