

Active & Retired Seattle City Employees P.O. Box 75385 Seattle, WA 98175-0385

Website: www.arsce.org

Non-Profit Organization U.S. Postage PAID Seattle, WA Permit No. 1100

March/April, 2014

Active & Retired Seattle City Employees

Volume 41, No. 5



Spring Arrives March 20th!



OUR PRESIDENT'S MESSAGE

By John Masterjohn

s I write this article I am at a rally for the "15 Now" campaign at the Seattle Labor Temple. I am listening to the speakers and also working my job as Building Manager of the Labor Temple. I believe if the "15 Now" is voted into law it would be good for the City because of the spending power it would give to the people who are now only making minimum wages. They will contribute to the sales tax which goes into the general fund, which can be used to help fund the pension system, if needed.

At the end of October, the funding level of the retirement fund was 68.97%. As you know, the market for the last two months was up, so we are hoping for a higher number at the end of December. That is the highest percent we have seen in quite some time. If we ever get to 100%, then the floor goes up to 70% from the 65% that it is at now.

The other good news is that the City has asked Ken Nakatsu to stay on as the Interim Director until 2015. That is good for us is because Ken wants to work with us and has made some changes in how the Retirement office staff works with the people who are trying to get information regarding their retirement. He has implemented a new IT system for signing up for retirement. It was unbelievable that they were still using paper forms and doing it by hand. This should make it a lot easier for people to find out about their program for retirement.

As I am writing this article, it is a bright and sunny day and by the time you get this paper spring will almost be here and the warm weather with it. I know some of you travel to warmer places during the cold months and look forward to our nice springs and summers.

I want to thank all the members who are running for the ARSCE Board. I am looking forward to working with the winners and also those who are not elected but still stay involved with ARSCE. Make sure you fill out your ballot – inside today's paper – and send it back right away.

For all you City employees who are getting ready to retire, and even those of you who are looking forward to more years with the City, you should join ARSCE; it only costs \$12.00 per year. The more people we represent, the stronger we will be. While you are still at work you may be aware of issues that we have overlooked; be sure to bring those to our attention.

Your President,

John Masterjohn

Contact Mr. Masterjohn at president@arsce.org

YOUR PENSION NEWS

By Lou Walter, Retired Employee, Member of the Seattle City Employees' Retirement System



Seattle's Pension System Is SUSTAINABLE

Former State Auditor, Brain Sonntag, has authored a study through the Washington Policy Center regarding the viability of the Seattle City Employees' Retirement System (SCERS). He believes that there are fundamental problems with the SCERS retirement plan and recommends that the City of Seattle replace it with a 401k-type savings plan.

The conclusion of the Washington Policy Center that SCERS is unsustainable ignores the basic facts regarding the sustainable funding of Defined Benefit retirement plans. The short fall of the predicted 1 billion dollars would only occur if the Plan Sponsor, the City of Seattle, would be required to pay out to every participant today, which the study admits would be "highly unlikely." This analogy would be the same as a bank or mortgage company requiring a homeowner to pay off his/her home loan today. Just as with your mortgage liability, you're required to make payments to satisfy those liabilities; the pension liabilities are spread over a long period of time, similar to a home loan and they are funded by the Actuarially determined Annual Rate of Contribution (ARC), the payment. The employees and the City make these contributions or payments based on the amount of dollars that will fully fund the plan over 30 years, same as your mortgage payments will pay your home debt.

Another unfair assumption is the study's comparison of the SCERS plan to other public pension systems. The vast majority of public plans are doing well and meeting their benefit obligations and promises to their participants. The public plans that are having funding problems are because those plan sponsors failed to properly fund their respective plans. This is not the case with the City of Seattle and the funding of SCERS. The City and employees

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are making the required ARC contributions to meet the proper funding obligations of the plan.

Then there's the study's assumption that a Defined Contribution plan (401k-style savings plan) to replace the current SCERS Defined Benefit plan would better, doesn't take into account the many other studies that tell us that a properly funded and prudently managed Defined Benefit plan will outperform and will be a better investment than a Defined Contribution savings-type plan.

This Washington Policy Center's study looks like a conclusion trying to find a study to support that conclusion. The study is inaccurate in presenting assumptions as fact and lacks balance in its analysis of those facts.

Many of you may know that I was a Journeyman Lineworker and Line Crew Chief at Seattle City Light. My experience when working on high voltage lines and equipment was to never assume anything regarding the condition or status of those lines or equipment without testing and verifying the condition of the equipment. Those practices and truths are as good today as they were "back in the day." The practice was never to assume anything because as with anything in life, to assume can make an "ASS of U and ME."

Remember that our Retirement System is sustainable. With the hard work of your Board of Administrators and the SCERS staff, we are continuing to improve the funding and the sustainability of the Seattle City Employees' Retirement System.



First Day of Spring: March 20th, 2014 in the Northern Hemisphere

The first day of Spring in 2014 is on March 20 (according to the astronomical definition). It is also called the spring quinox. Spring is one of the four temperate seasons, the transition period between winter and summer. Spring and "springtime" refer to the season, and broadly to ideas of rebirth, renewal and regrowth.

The specific definition of the exact timing of "spring" varies according to local climate, cultures and customs. At the spring equinox or the first day of spring, days are close to 12 hours long with day length increasing as the season progresses.

In spring, the axis of the Earth is increasing its tilt toward the Sun and the length of daylight rapidly increases for the relevant hemisphere. The hemisphere begins to warm significantly causing new plant growth to "spring forth," giving the season its name. Snow, if a normal part of winter, begins to melt, and streams swell with runoff. Frosts, if a normal part of winter, become less severe.

Unstable weather may more often occur during spring, when warm air begins, on occasions, to invade from lower latitudes, while cold air is still pushing, on occasions, from the Polar regions. Flooding is also most common in and near mountainous areas during this time of year because of snowmelt, accelerated by warm rains.

Source: With material from Wikipedia

Ken's Perspective

By Ken Hunich

For personal reasons, Mr. Hunich's column was not available for this issue of *ARSCE News*.

We look forward to his future delightful and insightful columns.

Essential Telephone Numbers And Web Addresses

ARSCE: 206.992.7311

(Change of Address/Membership Questions)
E-mail: financial.secretary@arsce.org

Website: <u>www.arsce.org</u>

Mayor's Office for Senior Citizens: 206.684.0500 (Information on available programs/services)

E-mail: <u>seniors@seattle.gov</u>
Website: <u>www.seattle.gov/seniors</u>

Personnel Department: 206.615.1340

(Benefits)

E-mail: <u>benefits@arsce.org</u>

Website: www.seattle.gov/Personnel/

Retirement Office: 206.386.1293 or

1.877.865.0079

(Retirement Checks/Health & Dental Benefits/General Questions/Change of Address/Tax Withholding)

E-mail: <u>retirecity@seattle.gov</u>

Website: www.seattle.gov/retirement

Statement of Ownership And Management

1) Owner and Publisher: Active & Retired Seattle City Employees

Address: P.O. Box 75385

Seattle, WA 98175-0385

2) Title of Publication: ARSCE News

3) Frequency of issues: Six (6) issues each year.4) John Masterjohn, President

Barbara Graham, Vice President
Joanne Kinsella, Recording Secretary
Pam Baer, Financial Secretary
Dave Haley, Treasurer
Lee Sattler, Editor

5) Bondholders, Mortgages, and Security Holders: None

6) The Association of Retired Seattle City Employees, d/b/a Active & Retired Seattle City Employees (ARSCE), is a non-profit organization for educational purposes according to section 501(c)(3) of the Internal Revenue Code. Contributions are tax-deductible.

ARSCE semi-annual dues are \$6.00 each year from January 1^{st} through June 30^{th} . Opinions stated by various writers are their own and do not necessarily reflect the policy of ARSCE.

Contact us at www.arsce.org
Or telephone us at 206.992.7311



The View from the Buses

By Paul Pioli

Jerry McGuire is still alive and kicking! In fact, he just celebrated his 90th birthday party back in October. Jerry has been living in the Everett area most of his later years and spends his time taking care of his wife Ruth. Jerry and Ruth have 1 daughter, 1 granddaughter, and 1 newly-born great granddaughter. Jerry's cousin, Kathy, is my dispatcher for Horizon Coach Lines

The other day I went to Seaview Buick GMC for a new truck. Funny things happen when you don't expect them. The salesman's father, Jim Graham, worked for Seattle Transit, leaving in 1968 for the Port of Seattle. I was a new driver then and remember Jim, who passed away in June of 2013. Then, I make the trip to the finance person who is the son of Myron (Mike) Carr. Not only do I know Mike, but I coached his brother when I was an assistant football coach at O'Dea High School. Mike splits his time between Lummi Shores and Arizona in the winter.

A big thank you and good-bye to **Dave Carter**. After 14 years as the ATU 587R Financial Secretary and a total of about 30 years involvement in ATU 587, Dave left effective December 31st and is looking to the South where it's warmer. One thing for sure, his shoes will be hard to fill.

RIP: Received December 31st that retired East Base Operations Chief, **Keith Howe**, quietly passed away after a long illness. He is survived by a brother, sister and many nieces and nephews. Per Keith's wishes there were no services.

Contact Mr. Pioli with your news at <u>busview@arsce.org</u>



Fellowship All Over Town



Engineers' Luncheon: Retired City and County Engineering people meet for lunch quarterly. Call Barbara Graham @ 206.525.7859; or Ted Ormbrek @ 206.522.7867; or Joe Curulla @ 425.643.0309; or Sharon Howell @ 206.363.1909 for information.

City Light Line Crews & Friends Breakfast: This group meets at Shay's Restaurant, 15744 Aurora Ave. North, near 160th on the East side of Aurora, on the first Thursday of the month at 8:00 AM. Call Bud Eickstadt at 206.362.8336 for information.

RCLEA (Retired City Light Employees' Association) Lunches: If you retired from City Light, you should be receiving the Newsletter sent out at regular intervals which lists the dates and locations of the informal luncheons and the more formal fall and spring luncheons. For information contact Frank dos Remedios 206.363.1938 or go to www.rclea.net

Retired Range Service Employees meet at the Blue Star Restaurant, 4512 Stone Way North, Seattle, at 12 Noon on the second Wednesday of each month.

Seattle Transit Breakfast (North End): This group meets at Shari's Restaurant, 15252 Aurora Ave. N., on the first Saturday of each month.

Transit Retirees (South End): Meet at the Burien Elks Lodge at South 140th St. and 1st Ave. South on the third Saturday of the month at 8:30 AM for breakfast. Contact Al Ramey at 206.243.8504 or Dave Carter at 206.910.8311.

City Light South End Crews and Friends: This group will meet for breakfast at 9:00 AM the first Tuesday of each month at the Denny's located on First Ave. So. and So. 148th Street. Call Arnie Schroeder at 206.824.1747 for information.

SDot's Traffic Signal Division retirees meet the 3rd Wednesday of each month at Tommy's Café, 74 Rainier Avenue South in Renton, WA. For information contact Jim Chase at 206.246.5848.

METRO Retirees' Lunch: This group meets at 11:00 AM the second Tuesday of Jan., Mar., May, July, Sept., and Nov. at the Crazy Moose Casino, 22003 66th Ave.West in Mountlake Terrace. At 11:00 AM on the second Wednesday of Feb., Apr., June, Aug., Oct., and Dec. The group meets at Billy Baroo's Restaurant located at 13500 Interurban Ave. So. in Tukwila. For information call Lonnie Sewell at 206.915.1415.

Another Retired Transit Group: This group meets the 1st Saturday of the month at the Family Pancake House located at 238th & Aurora at 7:30 AM. Contact Dave Carter at 206.910.8311.

Old Timers Luncheon Group MTD/DAS/ESD. This group meets at 11:00 AM the first Monday of the month at the Old Country Buffet, 4022 Factoria Square Mall SE, Bellevue, WA.

Engineering Retirees' Lunch: Engineering Dept. Field Personnel Retirees meet the 1st Wednesday of the month at 11:00 AM at Shay's Restaurant located at N. 160th St. & Aurora Ave. N. in Shoreline, WA. Contact Roy Galloway at 206.362.3937 for further information.

Parks Dept. Retirees' Luncheons are held on the 2nd Wednesday of the month at the 125th Street Grill located at 12255 Aurora Ave. North. Meet at 11:30 AM for lunch. Contact Jesse Howell @ 206.282.5338 for further information.

Health Dept. Environmental Health Workers and Spouses meet weekly every Saturday for breakfast at 7:30 AM. All Health Dept. retirees are welcome. For information call John Nordin at 206.524.7837.

Back Again ~ 2012

By Joe Matthias

Editor's Note: Mr. Matthias has regaled us with his incredible travel adventures in the past. Because it's been some time since his last story, we asked him to re-introduce himself, especially to our new readers.

My name is Joe Matthias and I have been retired from Seattle City Light, where I was a line crew foreman, since 2002. Within a year of retiring, boredom crept in and I was looking for something to do. Well, it always amazes me what can pop up unexpectedly. I found myself working for a contractor that deals directly with the US State Department. The job: upgrading and installing security systems in US Embassies and Consulates around the world. So I suddenly found myself living in Fredericksburg, Virginia, a stipulation of employment I was more than glad to do, having always wanting to live someplace other than Seattle for a while. Fredericksburg fit that perfectly as it is situated right in the middle of Civil War history, a passion of mine.

And just as suddenly I became a world traveller. All told, Patty, my wife, and I covered the world visiting thirty-eight countries over the last ten years. The following letter is the final installment of several I have written since we started travelling and the last as I am now retired and living back in Seattle. If you're interested and haven't read my previous letters you can find them if you dig hard enough through back issues.

So, I hope you enjoy this, my last letter of our travels. In the future I will be writing a quarterly piece in this paper, so you're not finished with me yet. \sim Joe Matthias

I believe the last time you heard from me I was in Pristina, Kosovo. That I was. We arrived early in the year, freezing weather, snow on the ground, and other nasty little welcoming presents. Kosovo, as well as Serbia, is part of what was once the country we all knew as Yugoslavia, found in the southeast region of Europe just next to

Turkey. When that country separated, Serbia decided it should be the new ruling country while Kosovo questioned that and – in their bids for establishing their own independence and the ensuing war proved not only brutal, but extremely costly, particularly in the loss of human life and destruction. Finally, outside influences



including the United States stepped in to help end the conflict which eventually happened, but only after huge additional losses on all sides. Hence, there is still a huge NATO and United Nations presence here. Pristina as well as most of the rest of the country remains war-torn and unexploded ordinance is commonplace even in the city, but that has for the most part been eradicated and finding these unexploded time bombs is now rare. In the meantime, Pristina has grown into a fairly stable city and has many newer restaurants and businesses. This is the Pristina I was privy to.

The Embassy here sits on the side of one of the hills that comprise the city and is, in effect, a short section of about three streets that were walled-in to form a single compound. This distinction is fairly recent and dates only back to Kosovo's independence, which is in reality just a few years hence. Previously it was called the US Mission, Kosovo. Being just a series of multi-floored houses tiered over three streets, which were converted to office and diplomatic facilities all without elevators, meant I had to climb stairs everywhere I went, which is getting harder for an old lineman like myself to do. Directly behind the Embassy compound sits the combined NATO/UN facility which dwarfs the Embassy grounds. We stayed, for the most part, in Embassy housing which was located either on the Embassy grounds or very near to it. Actually the unit assigned to me was quite nice considering where we were.

Downtown Pristina appears much more modern and upbeat than it actually is. There are many newer shops and restaurants that

produce a wide variety of international dishes. Be aware though that each adds its own unique touch to our most favored and beloved dishes, often rendering them unrecognizable as to appearance and taste, though most often still quite good. Americans are still not particularly liked, but are tolerated as a necessary evil by most, and although most people were very open and friendly, we still tended to keep our guard up.

We did make it to one barbecue with Embassy personnel one weekend away from the city and found the countryside beautiful. Our barbecue was held in the shadow of a high knoll that held the remnants of a medieval castle, much like one might find in other parts of Europe, which I thought quite intriguing. All in all, Kosovo was not a country I would advise visiting unless business forced you to do so. Too much has happened in the past, is happening, and could happen with very little provocation to warrant it a safe tourist destination.

Our next stop was a return to Jerusalem, or so we thought. Midway through planning this our foreman pulled us together and informed us we were making a brief stop in Nouchott, Mauritania. This small country sits to the west of Morocco. We were to spend about a month there getting a new crew up-to-speed before moving on to Jerusalem. Nouchott is, quite honestly, a city built where the Sahara Desert meets the Atlantic Ocean and, in my professional estimate, should have let the Sahara have it. There is quite literally nothing in Nouchott worth seeing. It is composed primarily of around fifteen Embassies (why is well beyond my ability to understand) and mostly poverty throughout the rest of the city. I do use the term city very loosely. The temperature ranged between one hundred and around one hundred fifteen, usually higher when the wind blew sand in from the desert. The Embassy was old, ill kept and difficult to work on. I can't really say too much about Mauritania because there's just not a lot to say, so we'll leave it at that. Consequently we were quite pleased to wave good-bye to the new crew assigned to stay and finish the project.

On to Jerusalem, where we were housed again at the David Citadel Hotel, a very nice hotel just one block from the Consulate. Unfortunately, we had to wait about three weeks for our tools to catch up to us, as they had to be Fed Ex'ed from Mauritania, because the airline refused to take all our baggage.

Jerusalem was the same magical city I remembered from my first visit. The old city, just two blocks from our hotel, held over four thousand years of history, both regional and biblical. The Consulate had expanded so our work was a little more demanding, but overall a very good project.

Patty joined me here, this being her first visit. We decided one of us should see the pyramids so, since my workload didn't allow time for that, she took a four day trip to Egypt. We have pictures of her astride a camel with the pyramids in the background, and of other sights she saw while in Cairo. With the present climate in that country, I am very glad she went when she did as travel to Egypt today is definitely not a good idea.

Around the city of Jerusalem are many sights well worth seeing, and we saw as many as we could. We floated in the Dead Sea, and yes, it's true it is impossible to sink in the water. Along its shores and on a bluff sits Masada, the last stronghold of the rebelling Christians. It fell to Roman legions in the first century AD, capitulated more to the point, as the entire population took poison before the city fell, leaving only bodies for the conquering Romans to find. Also, near that were the caves where the Dead Sea Scrolls were supposed to have been found.

Around the corner from the Dead Sea sits Jericho. This is the city that Joshua supposedly blew the walls down, biblically speaking. They are just now beginning to excavate the remains of the old city wall. Jericho boasts of being the oldest populated city in the world dating verified residents back some ten thousand years. In the caves above the city is a monastery dedicated to where Jesus reportedly spent time while wandering the desert.

Patty was able to visit the ancient city of Bethlehem, although I wasn't – that area being off limits to us per State Dept. rules. After

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Patty left, I was able to visit the ancient seaport of Caesarea, north of Tel Aviv. This is the port from which Herod ruled Israel and John the Baptist was supposedly deported from here to Rome where he was tried.

Jerusalem and all its surrounding wonders, as well as Tel Aviv itself, are fascinating and vey tourist-friendly. I would place this high on anybody's list of places to see whether you're religious or not. The history itself makes it well worth the trip and the Israeli's are a very friendly people.

Next stop was to be Singapore but again we were shanghaied for a special trip. The contractor, we had to do a small project for in Windhoek, Namibia, folded so we were part of a small team sent there to do that project. This was my second trip to Windhoek. Patty didn't make this as we couldn't pinpoint our time frame there, making it impossible to set her tickets, so she waited and met me in Singapore. Windhoek was mostly all work and we didn't get out like we did last time, although we did make it to Joe's Beer House, a local restaurant that specializes in wild game, at least twice.

We flew directly from Windhoek to Singapore, meeting another team there. Singapore is extremely hot and very humid, therefore I found it extremely uncomfortable and difficult to work at if outside, which some of our work was. Singapore is also extremely expensive and, although our meal allowance was quite high, we found it really didn't go all that far. Patty met me there. We were able to see what sights the city offered and they were quite extensive for a city/country. Singapore is an expanding country, filling in the ocean around it and building outward, thus ever expanding the size of the city. From the airport we travelled along Beach Drive, which at one time skirted the ocean. Today, you can't see the water from that street.

We were able to celebrate a couple of special functions while there. Thanksgiving, we had at an Irish Restaurant across from the hotel we were staying at and it was very good, very American in menu and presentation. After Thanksgiving, Christmas came to Singapore. Nothing looks more out of place than Santa, Reindeer, and a sleigh in one hundred degree weather. In early November, we attended the annual Marine Ball thrown by the Marine security Detachment, Embassy Singapore, and had a very good time.

Home for a short stay then off again. We flew to Kuala Lumpur,

Malaysia next, myself from Virginia and Patty from Seattle. Malaysia was a lot like Singapore in temperature and humidity although not nearly as expensive. We could only get so much time off but we managed to scoot out to one of their resorts for a weekend. These resorts are plush, friendly, and very inviting. Within the city,



Kuala Lumpur ~ Malaysia's Capital and most populous city

we visited the twin towers seen in so many movies, the city aquarium which was very good, and spent St. Patrick's Day at an Irish Bar.

Between Singapore and Malaysia, I would urge Malaysia. Singapore is excellent, but you will need a very large purse to really enjoy yourself there. It does have a subway system that is very user-friendly. Malaysia also has a very functional subway system and is much easier on the budget. My recommendation would be to do a whirlwind tour through Kuala Lumpur, then get out to one or more of the many resorts Malaysia has. Both of these countries are very tourist-oriented.

We flew directly from Malaysia to Kampala, Uganda, located in the northeast part of Africa. Kampala is a very dirty, very poverty-prone city for a capital. The people there are not what I'd call open or friendly, more like tolerant. I don't think Patty or myself were ever totally comfortable there. The food was good depending on where you ate, but the possibility of picking up dysentery was always there, regardless of the quality of restaurant you ate at. We know this to be a fact.

Complete Our Circle



Join ARSCE today as a Retiree, Beneficiary or even if you are currently working.

Application on Page 12.

Send ARSCE Your News, Short Stories & Poems

You can send your information to:

ARSCE News
P.O. Box 75385, Seattle, WA 98175-0385
Or email your news and information to arscenews@arsce.org**

NEXT NEWS DEADLINE: March 25th, 2014

(All submittals become the property of ARSCE.)

We did get out to see a few things though. We took a day trip down to where the equator crosses the country and took pictures of us with a foot in each hemisphere. We also went to the source of the White Nile which blends to become the Nile River. And we visited their local zoo which is more like a wildlife refuge. The city is very depressed, much of it not having even the basics such as running water, electricity, and plumbing. The Embassy people were, for the most part, very friendly and we made some good friends there. It was here my left ankle began acting up on me, although I downplayed it. All in all, I wouldn't go back to Uganda and wouldn't advise travel there unless taking a tour to see the great apes was your sole objective. Uganda is the last refuge for the huge silverback gorillas.

Home for a short stay and on to Muscat, Oman. Muscat sits on the Strait of Hormuz across from Iran, although the strait is wide enough you can't see Iran. Again we found ourselves in very hot, very humid weather. And again, we were given a very high meal allowance which we found didn't go nearly as far as we thought it would. The restaurants were very good though. We stayed at the Intercontinental Hotel, which was very much like staying at a resort. And we had Feeney's Irish Bar just around the corner, a place we frequented often. With an aggressive work schedule and a distinct lack of viable sights to see, we stayed mostly around the city. We did go to the opera there which we found really great. My ankle grew much worse here and I knew something was going on.

We left Muscat early, as I planned to go hunting this year with my old hunting partners, something I hadn't done since 2002. After that, I finally saw a doctor about my ankle and eventually had it operated on. Presently, I am still recovering from that though it's not coming around as well as we hoped. So, between my ankle and my knees telling me they're tired of stairs and ladders, I think it's time to hang it up. I am retiring again, hopefully for the last time. We have moved back to the Seattle area.

Thanks for listening to my travels over the last ten years. Writing them has been a lot of fun and I hope you've enjoyed it as much as I have writing them. Hopefully, we'll be seeing some of you in the future.

CANDIDATE STATEMENTS FOR THE MARCH, 2014 ELECTION TO THE ARSCE EXECUTIVE BOARD

Your ballot for the ARSCE Executive Board Election is included in this edition of the paper. Please familiarize yourselves with the candidates' information and be prepared to vote for no more than six (6) of the people whose names appear below. The names are arranged in last name alphabetical order.

Martha Burke

Martha worked for the City since 1990, first in the Engineering Department and then at Seattle Public Utilities. Martha worked first in Solid Waste, helping the City to establish procedures for managing hazardous waste and materials, and then was responsible for closing the City's Kent Highlands Landfill. Later she was responsible for developing SPU's Wastewater Systems Plan and for improving drainage and wastewater service in Seattle neighborhoods. She retired in 2013. Since retiring Martha has been building a new home in Suquamish, in Kitsap County, staying involved in local political campaigns and volunteering with her church. She is working to improve her Spanish and staying active through hiking with the Mountaineers. "I was proud to work for the City of Seattle with many people who were dedicated to the work they did, and made Seattle great. ARSCE, through their efforts, are working to ensure that retirement for City employees is secure, and respects that dedication. I would be honored to serve on the Board to assist with that effort."

Kevin Clark

Retired in 2006 from City Light, after a 28-year City career including stints at the Seattle Engineering Department (where I directed the Drainage and Wastewater Utility), and several Executive agencies (OMB, OIR, and OPP). I have been a member of ARSCE since I retired, but got active two years ago when the City Council suggested major changes to the Seattle City Employees Retirement System. Even as the City was dealing with huge investment return shortfalls, I pressed for better inflation protection in our pensions. An ordinance adopted in 2000 increased our inflation protection from 65% to 70% of its initial purchasing power — once the system was fully funded. But after two recessions, the system is only 65% funded and the City's plan would take 30 years to reach 100%! We should keep pressing on this. The ARSCE Board appointed me to fill a vacancy earlier this year. I organized and moderated ARSCE's Mayoral Debate at our Fall Luncheon. I convinced the City to allow pre-2009 retirees the same medical insurance flexibility that more recent retirees get. I would like to continue using my financial and political experience to advocate for City retirees. Thank you for your support.

Dave Haley

Dave began his city career in 1980 as a City Council policy analyst and moved through several planning, analysis and management positions in Licensing, Engineering, Land Use and Transportation Office, Office of Management and Budget and Executive Services Dept. He also spent some time serving the citizens of the state with four years in Olympia. In addition to several high school coaching stints, Dave has been active in the community his entire professional life, and served on many organizations and agencies as an advisory board or association board member. He retired in 2001 from the Department of Finance and began serving as Treasurer for ARSCE in the fall of 2013.

Glenda Inman

Glenda Inman worked for 18 years as assistant to a citizen's board, the Board of Ethics/Fair Campaign Practices Commission, under five different citizen chairpersons. In 1991, she worked as staff for the Street Use Appeals Board until it was disbanded some four years later. She then joined the Seattle Transportation Department and worked as a public information officer until her retirement in 1999. Glenda enjoys a busy and active retirement, volunteering, entertaining friends and family, enjoying recreation and out-of-doors, and simply living life on a bucolic island in the Sound. After retiring and enjoying some foreign travel, she had a final TES job with Peter Steinbrueck when he was Council President. "That was the frosting on the cake and the best job ever!

She is, in her own words, not too busy to make herself available as a potential board member of ARSCE and would serve in the best interest of its membership/leadership.

Kirk T. Jones

Graduated from the UofW as a civil engineer and started work for the Seattle Engineering Department in December 1967. My 30year career with the City was all in SED, although technically I retired in February, 1998 from the newly formed SEATRAN department. My last thirteen years were as Manager of the Street Use Division. After three years of retirement, I returned to working for the Transportation Department as an independent consultant providing project management services on several capital projects. I fully retired again in 2009. As an elected, active employee representative on the Retirement Board serving from 1993 to 1997, I gained an appreciation for how our retirement fund is managed to attempt to maximize our investment return in a variety of economic conditions. While there is a well defined investment plan, the Retirement Board does occasionally make adjustments to some of the parameters within the plan to reflect projected economic changes. The ARSCE Executive Board has been an important voice and must continue its monitoring of the retirement system management for both current and future retirees. I served on the ARSCE Executive Board from 1999 to 2003, and again from 2011 to 2014. I very much enjoyed serving you at that time and look forward again to being active in dealing with issues that affect City retirees and helping to provide opportunities for us to keep in contact with one another and have some plain good old-fashioned fun.

Pam Lucarelli

Thank you for considering my candidacy for re-election to the ARSCE Executive Board. I am currently serving my first term on the ARSCE Board in the capacity of co-chair of the programs and education committee. I retired from the city of Seattle in 2009 following a 30-year career with Seattle Parks and Recreation as an administrative specialist assigned to the Horticulture Section of the Grounds Maintenance Division. Special interests include elder support, providing resources for housing the homeless, and special event planning which is my forte. I appreciate your trust and support in returning me to ARSCE's Executive Board as we continue to monitor the pensions and benefits of all retired and active City Employees, working on behalf of all as we advocate for change.

Larry Mickelson

Currently a Board member of ARSCE, and running for a second term. I had a 42-year career with the Seattle Engineering Department and SDOT and retired as a Public Works Manager in 1999. Since then, I have been managing rental properties through a challenging time for real estate investing. But by not selling in a low market and not over-investing, I have survived with no losses. I was one of the founding members of the Go-Getters Investment club started in 1986 with other City employees, and later I became president. By investing in sound companies that paid a dividend we were able to become a successful investment club. ARSCE has recently made full membership available to employees before retirement. I hope this will help to encourage more people to become more interested in and knowledgeable about retirement. If elected for a second term, I will continue to work for City retirees to ensure the retirement funds are in safe investments that will be available for retirees indefinitely.

Sharon Mickelson

Retired from the Personnel Department on January 1, 2013 after 30 years with the City. I was hired in 1982 by the Health Department

Candidate Bios...continued from page 6

right out of graduate school with a Master's Degree in Occupational Health Nursing. That position lasted for five years, and I then went to work for the Engineering Department as an Occupational Health (Nurse) Specialist. Three years later, I moved to a Safety Supervisor position for the Water Department and two years after that I accepted a position with City Personnel and retired as a Manager of the Citywide Safety & Health Program in the Personnel Department. I have always believed that financial security is a key component of both occupational and personal health and I will work hard to help the Board and ARSCE's efforts toward that goal.

Elizabeth Paschke

After thirty-one years with the City, working in budget and finance primarily for the Engineering/Transportation Department, I believe that I offer an informed and deliberative approach to the ARSCE Board. I appreciate the full scope of ARSCE's interests on behalf of retirees, and my concerns focus primarily on the adequacy of the investment holdings to cover the future liabilities of the City's retirement system so that financial security for retirees is protected. If changes are necessary to provide adequate income, they must be fair to future as well as current retirees. I will evaluate any such proposals against that guideline. The ARSCE Board must be a strong voice for all members when it comes to decisions affecting their security, and that is what I will be.

The Computer Guru

By Larry Howell



Avoid Disaster: Backup Your System & Files

SkyDrive, soon to be renamed **OneDrive**, is an online (cloud) data storage vault provided by Microsoft. Several size options are available – from a free basic storage vault to larger paid options. For more details visit:

http://windows.microsoft.com/en~us/skydrive/download

OneDrive is integrated into Windows 8.1 and is displayed in the Windows Explorer window. To access your OneDrive from your Windows 8.1 computer, you will need a Microsoft user account (for example, user@outlook.com). Copies of user files on the computer hard drive can be copied to the SkyDrive by simply selecting and copying the files and pasting the files in to OneDrive. The files in OneDrive are then accessible from any of your computers simply by using the same user name and password to login to OneDrive.

Users should be aware that copying a corrupted file to OneDrive will overwrite files with the same name on OneDrive. Unfortunately, you will most likely not become aware that you have a corrupted file until the next time you try to open the file. OneDrive does not replace the need for a standard backup system.

File History is a user file backup feature of Windows 8.1. When the utility is turned on for the first time, File History creates a full backup of all user files on the computer. As the user modifies existing files or creates new documents, the File History system utility backs up each new version of a document, allowing the user to roll back the document to a previous version.

One essential requirement is that the location of the File History folder must be on a second storage device (a storage device other than the drive containing the operating system). Unfortunately, OneDrive is not usable for File History.

This utility works great for desktop PC's with a second hard drive (internal or external), but using File History on a laptop is a bit trickier. The solution I use for providing a storage device for File History on a laptop is a 64 GB



Ed Steyh

Ed started working for the City in 1972 in the Citizens Service Bureau. He was one of six people hired to start the Little City Hall program. In 1977, he began working for the Solid Waste Utility in the Engineering Department. He held a variety of positions in Solid Waste and retired in 2003 as the Solid Waste Contract Manager in Seattle Public Utilities. Since retirement, Ed has done some consulting preparing RFPs and solid waste collection contract language for several local jurisdictions. He has also been volunteering with VashonbePrepared, a group of Vashon Island residents that works with the local Fire District in preparing plans and drilling for island isolation incidents.

He is interested in being on the ARSCE Board to work for the needs of retired City employees and in encouraging more retired employees to attend ARSCE activities.

Helen Tsang

Helen Tsang has an MBA from the University of Washington and a JD from Seattle University. She has been a Finance Analyst in the City's Solid Waste Utility, Public Utilities and SDOT. Helen retired as a Senior Finance Analyst in 2007. She has acted as an informal retirement counselor to many of her co-workers. She has been active in the Asian American community, and has two sons and five grandchildren.

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micro USB Flash Drive. This type of flash drive is small enough to leave in the laptop USB port.

Note that there have been reports that some users have discovered that File History (on their computer) creates multiple copies of files that have not been changed. When unnecessary backup copies are created, the File History storage device can fill up quickly.

The File History utility plus the Windows operating system refresh utility provide a simple method of restoring a Windows 8.1 computer to its original configuration. Using the File History, the User files can be restored to the User directories. The short-coming of this process is that all of the after-market software applications that were installed on the computer by the user must be reinstalled.

As mentioned in a previous column, my preference is to use a 3rd party application, for example – EaseUS ToDo Backup – to create a snapshot image of the entire hard drive (called a system image). A system image includes not only the operating system and user files, but also all installed applications. The combination of using a system image and a standard backup of user files enables the user to restore all components of the hard drive to a replacement hard drive, if necessary, in approximately one hour, depending on the speed of the PC and the amount of data on the hard drive.

Including an externally stored image of the system hard drive in the backup procedure is important even when the computer vendor includes a restore partition on the computer hard drive. When the restore partition/image is located on the same hard drive as the operating system partition, a catastrophic failure of the hard drive takes out both the system partition and the restore partition is also lost.

This is why it is so important to employ a system recovery mechanism. You want to avoid a complete file and system loss disaster that is unnecessary and preventable with a little homework on your part.

Please email any questions you have concerning the topics covered in this article or any other computer questions. Questions submitted to this column may be used (without identification of the sender) as content for this column. Mr. Howell works with other tech gurus to solve a myriad of computer issues that confound even the best of us.

Email your questions to Mr. Howell at <u>Larry.Howell@arsce.org</u>

WELCOME NEW MEMBERS!

Rita Allman, Public Utilities Bill Cofer, City Light Carla Culver, Public Utilities Nancy Eisner, Parks William Elmelund, Vested Christine Gallegos, Parks Jeanette Geiger, Parks
Carl Gile, Transportation
Laura Melinda Jones, Public Utilities
Brian Kemper, Transportation
Scott McLean, City Light
Martha Spencer, Public Utilities
Carl Woestwin, Public Utilities

Golden Contributions

Anne Miller, Transportation

Nobuko Omoto, Engineering

In Memory

Note: Names with asterisk (*) are ARSCE members

Jack Beach, City Light* Retired: 07/01/06 Died: 09/21/13 Age: 68

George Bihrer, Executive Administration Retired: 08/01/80 Died: 11/14/13 Age: 87

Mary Carmichael, Parks Retired: 01/01/78 Died: 11/26/13

Vincent Chiarelli, Transportation Retired: 01/01/82

Died: 11/05/13 Age: 96

Age: 101

Patricia Dickinson, Health* Retired: 08/01/87 Died: 11/25/13 Age: 91

Lucille Dodd, Health* Retired: 06/04/96 Died: 11/21/13 Age: 83

Lawrence Erickson, Police Retired: 09/01/93 Died: 10/01/13 Age: 91

Mary Evans, Vested* Retired: 01/09/07 Died: 12/08/13 Age: 88

Rudolph Francois, Health Retired: 10/01/75 Died: 09/28/13 Age: 92

Mae Gonzales, Health Retired: 03/01/86 Died: 11/30/13 Age: 93 Sylvia Hager, Transportation Retired: 08/01/77 Died: 11/20/13 Age: 98

Dorris Hames, Health* Retired: 09/01/89 Died: 11/02/13 Age: 86

Lester Hughes, Fleets & Facilities Retired: 08/05/09 Died: 07/17/13 Age: 68

Victor Hyslop, Engineering* Retired: 04/01/77 Died: 11/23/13

Edith McElrath, Library* Retired: 06/01/87 Died: 12/24/13

Truman Merritt, Transportation Retired: 02/01/80 Died: 11/25/13

Age: 89

Age: 86

Age: 93

Bud Nokleby, City Light Retired: 10/01/89 Died: 11/29/13 Age: 81

Robert Phifer, Health Retired: 02/01/87 Died: 08/03/13 Age: 93

George Phillips, Engineering* Retired: 03/03/99 Died: 10/16/13 Age: 63

Gene Shepard, City Light Retired: 06/01/89 Died: 11/16/13 Age: 89 Homer Shrewsbury, City Light*

Retired: 05/01/77 Died: 11/12/13 Age: 91

Coy Skinner, Parks Retired: 03/01/82 Died: 11/09/13 Age: 94

Wesley Snyder, Health and Human Services Retired: 01/01/94 Died: 11/01/13

Age: 82

Luther Stroud, Transportation Retired: 07/01/80 Died: 08/28/13 Age: 97

Arnold Urdahl, Transportation Retired: 05/01/87 Died: 09/25/13 Age: 86

Lew Weidenheimer, Parks Retired: 03/01/93 Died: 07/30/13 Age: 86

William Woodward, Planning and Development Retired: 03/01/85 Died: 10/31/13 Age: 90

Robert Youngs, City Light*
Retired: 03/01/92
Died: 11/21/13
Age: 83



Old Timers Luncheon Group MTD/DAS/ESD

By Jerry Robertson

The Old Timers Luncheon Group continues to meet the first Monday of each month at the "Old Country Buffet," 4022 Factoria Mall S.E., Bellevue, WA, at 11:00am.

Remember to mark your calendar for the following luncheon dates: March 3, April 7, May 5, June 2, July 7, August 4, September 8, October 6, November 3, and December 1, 2014.

We had twelve attendees at our December luncheon and eighteen at our January luncheon. Our numbers have increased in 2013, but it would really be

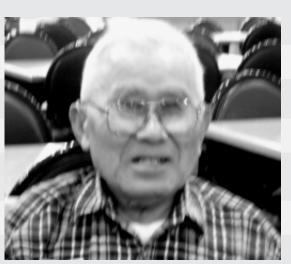


Janice Eickstadt
Enjoying Her Birthday

increased in 2013, but it would really be nice to see some more of you. Remember, your spouses are

also invited, and they also will enjoy the opportunity to meet others. December attendance was one person more than our November turn out. The Lucas's were back for the January luncheon. Al Mayor and Bob Bentler are still recuperating from surgery or illness. We wish them both a complete recovery. We welcomed Michael Minato to our January luncheon; Mike retired in January and tells me he plans on continuing to attend our luncheons. I first met Mike when he took the Auto Machinist's test at Haller Lake many years ago. We are pleased to have you joining us Mike!

December birthdays were celebrated by Bud Eickstadt, Marty Etquibal, Martha Hansen, Al Mayor, Don McBride, Gordy Nungesser, and Edie Stubbs. January birthdays were enjoyed by Paul Berry, Orrin Cox, Janice Eickstadt, "Mo" Fukui, Kiyo Hashimoto, "Mac" Moore, and Jim Stubbs.



"Mo" Fukui Celebrates
His 97th Birthday!

"Mo" Fukui reached the age of 97 in January, and is a regular attendee at our luncheons. Way to go "Mo"!

TAPS: I saw in the last issue of ARSCE NEWS that Russ Langstaff had passed away. Russ worked at several of our shops, and was warehouseman at the South Service Center Garage when

I was there. He took his job seriously and was great to work with. Our condolences to Russ's family.

Remember to keep us in mind and plan on attending our luncheons; we enjoy welcoming new members to our monthly group!

You can reach Mr. Robertson at oldtimers@arsce.org

The Film Guy

Some Favorites on DVD By Jim Mohundro



Biopic or Myopic?

Famed lives are often long and film biographies often cut to the chase, compressing narratives to just those memorable events in our lifetimes or those about which we have read; e.g., Winston Churchill "biopics" will almost always concentrate on World War II and those Churchill-related events immediately preceding, but do not deal with Churchill's ouster from office shortly after war's end.

These biopics may depart from from the truth in small and large parts, but think of them as the work of impressionists like, say, Cézanne, Degas, Renoir and Rich Little.

Anastasia (1956) After a seven-year European exile, Ingrid Bergman returns triumphantly to America, winning a second Oscar for Best Actress (her first was for 1944's Gaslight) as Anna Anderson/Anastasia, who may or may not be the long-lost, surviving member of the imperial Romanov family, whose lives are assumed to have ended with the 1917 Russian Revolution.

Ed Wood (1994) Johnny Depp is Ed Wood, one of history's most memorable but perhaps deservedly forgotten American film directors in Tim Burton's fascinating black comedy about the man who produces and directs *Plan 9 From Outer Space*, and other films that may be even worse. Martin Landau is outstanding in his award-winning Best Supporting Actor role as Bela Lugosi.

Mrs. Brown (1997) Judi Dench plays a Queen Victoria long mourning the passing of Prince Albert and Billy

Connolly is Prince Albert's Scottish servant who helps her return to public life, eventually revitalizing her popularity with her subjects.

The Jolson Story (1946) Long before Milli Vanilli notoriously lipsynced a live performance, Al Jolson dubbed his own voice in Larry Parks' first-rate portrayal of the singer who helped change movies forever in 1927's The Jazz Singer, and billed himself as "The World's Greatest Entertainer." In his dominance of Broadway, recorded music and early sound films, he was probably right.

Fair Game (2010) Naomi Watts is Valerie Plame and Sean Penn is Joe Wilson. When her husband Joe publicly questions Saddam Hussein's pursuit of "yellow cake" uranium to be used in the manufacture of nuclear weapons, Plame is "outed" as a clandestine CIA agent by someone in the White House in this true story of skullduggery at the highest levels of government. The events are on a smaller scale, but the film has much of the look and feel of *All the President's Men*.

Amazing Grace (2006); Ioan Gruffudd is William Wilberforce, an English politician much of whose life is spent in abolishing the slave trade in 19th Century Great Britain and its colonies. Emerging English star actor Benedict Cumberbatch is Wilberforce's close friend, the politically wily William Pitt, then England's youngest Prime Minister.

Love Me or Leave Me (1955) Doris Day shows her acting chops as Ruth Etting, 1920s star jazz singer Ruth Etting and James Cagney is a convincing, both frightening and sympathetic, real-life gangster Marty "The Gimp" Snyder in this solid musical drama.

The Westerner (1940) Walter Brennan wins the third of his three Best Supporting Actor Oscars as Judge Roy Bean of Langtry, Texas. Brennan's co-star Gary Cooper, an established Hollywood star, didn't want to make this movie. He was concerned that Brennan would steal the film. He was right.

These films have subtitles in English or "close captions" for the hearing impaired, and are around town at video stores that carry decent inventories of the classics, but the films may not be available with subtitles or close captioning from cable or satellite, or from "streaming" resources such as Netflix and Amazon.

BOOK NOTES

By Lorry Garratt, Library



TIGERLILY'S ORCHIDS ~ By Ruth Rendell, 2011

A psychological novel that is alternately thrilling and frightening about the eccentric inhabitants of a London terrace. A new resident throws himself a housewarming party in his new flat and as his guests interact with each other a chain of unforgettable events begins to unroll. Across the street is a townhouse where a reclusive Asian family lives and a strange urban fairy tale emerges about them.

HABITS OF THE HOUSE ~ By Fay Weldon, 2012

One of the original writers of the "Upstairs Downstairs" series has created another family and their downstairs help with wit and sympathy and no small measure of mischief. The interplay of restraint and desire, manners and morals, is beginning to change in 1899 as the century comes to an end. The Earl of Dilbern is facing financial ruin. His unmarried son Arthur keeps a courtesan and his free-thinking daughter Rosine keeps a parrot in her bedroom. When beautiful Chicago heiress Minnie arrives and she and Arthur decide that he would like her money and she would enjoy his title, the usual rules of society take second place to their growing love. In fact, the whole social scene is shifting as women take larger roles and previously unsuitable guests begin to take their places at aristocratic tables. One reviewer calls this an entertaining romp.

UNTIL SHE COMES HOME ~ By Lori Roy, 2013

In 1958 Detroit on Alder Avenue neighbors care for each other while the city is ripe for conflict that threatens their peaceful lives. Waves of poor people are moving close, prostitutes solicit the men on their paydays, broken glass litters the alleys, and a black woman is murdered. Then one of their own children, childlike Elizabeth, disappears. The men mount a 24-hour search party even as police investigate. But under the surface there is one who knows what happened to Elizabeth and fears to tell the truth which may make them all vulnerable.

THE OPHELIA CUT ~ By John Lescroat, 2013

Moses McGuire has a beautiful 23-year old daughter, Brittany, who moves from one boyfriend to the next without regard to the hearts she breaks. Her most recent ex is Rick Jessup, suave and upwardly mobile in his political career, and he is unwilling to be tossed aside. He first assaults Brittany and later rapes her, but 24 hours later he is dead, a murder victim. Although Brittany didn't report the abuse, her father is immediately considered the prime suspect and a trial begins. But there are other possibilities. Brittany's new interest is a former cop and hit man from New York and in the protection program, and Rick was beginning to blackmail two powerful politicos who sensed a major threat in his knowledge. Rick's morally corrupt life must be opened to reveal his killer.

Parks Department Retiree News

By Alan Hovland

Go Seahawks: Joe Neiford is flying a big Seahawks Flag in the Valley of the Sun and not to be out done, Bill Mayberry, is viewing the action from his Arizona Palace.

Alan Hovland helped photograph 140 children and 30 seniors with Santa at EL Centro de la Raza on December 10th for the 5 year.

Howard Bogie, who in straightening out his house for the next big move, found a Seahawks commemorative plate from the very first game in 1976 that he showed Ernie Ferrero at coffee. The plate had been given to the staff working the game.

The Seattle Parks Dept. Beach Lifeguards are on Facebook. Matt Harrington has great pictures of past, and way past, lifeguards on City Beaches. Don Gregory enjoys



Don Allen & Maureen O'Neill



Alan Hovland with friend, Santa

THE LIGHT IN THE RUINS ~ By Chris Bohjalian, 2013

Love, despair, and revenge are set in war-ravaged Tuscany. The story is told by the anonymous voice of a killer who slits throats and then cuts out the hearts of his victims. The author switches back and forth between the mid-40s to the mid-50s in the glorious Italian hills south of Rome. The killer makes clear that he - or she - is out to destroy the remaining members of an entire noble family, the Rosatis. During the war they believed they would be safe within the walls of their ancient villa, but their friendship with the Nazis and the courtship of their daughter Cristine by a German lieutenant makes them targets. In 1955 Serafine, an investigator with the Florence P.D. is assigned to the bloody serial murder case. She bears tragic scars from the war and soon is face to face with both new and old horrors.

RUNNING SCARED ~ By Lisa Jackson, 2010

Kate Summers still grieves for her husband and baby daughter who were killed in an accident, but she has moved on, living a quiet life and working in a Boston law office. Then one day her boss offers her a beautiful, newborn baby boy, born to the unmarried daughter of a wealthy client. If she accepts, she must move away and completely disappear forever. 15 years later Kate and her son Jon have lived a good life in Oregon, but it changes when Daegan O'Rourke arrives in town and strikes up a friendship with Kate and Jon. He has secrets tied to her past life and in the shadows someone else is watching.

AFRAID OF THE DARK ~ By James Grippando, 2011

Police Sgt. Vince Paulo was blinded in an explosion after his best friend's daughter was murdered and naming her boyfriend as the killer. A Miami criminal defense lawyer takes the case of the accused killer although he has been targeted as an Islamic terrorist. It is a complicated web with more deaths following, the U.S. government likely involved, and the nameless killer known only as The Dark, bringing a terrifying presence of pure evil.

GHOSTMAN ~ By Roger Hobbs, 2013

The title character is a loner, a career criminal sometimes called Jack who has helped many bank robbers escape over the years, but he is primarily an expert in disappearing, adept in the arts of disguise and fake identification. 5 years ago he screwed up a heist in Kuala Lumpur and took away his boss Marcus' reputation. Now it is payback time and Marcus wants him to clean up a casino heist that has gone badly, thanks to the Wolf, Marcus' chief competition. This is a stunningly dark but hugely intelligent tale thanks to the sheer mastery of details and the authoritative voice fashioned for Jack to tell his story. Movie rights have been sold.

Contact Ms. Garratt at booknotes@arsce.org

the pictures and the 100-Year Reunion in 2012.

Speaking of old lifeguards, longtime Recreation Coordinator and ARC employee, Tom Ostrom, is getting ready to retire for the second time.

Kevin Stoops will also be retired by the time this column is published.

Jesse Howell continues to do well between doctor visits. He recently spoke with Oscar Bray, who is fine.

I hope you enjoy a couple of holiday photos shown below.

The picture taken at Ralph Brown's retirement at Loyal Heights Community Center, that appeared in the last issue of

ARSCE News, has (1 to r) Josh Saunders, Ernie Watne, Leo Daily, George Lish, Ralph Brown, Shig Sumioka, Walt Lindlauf, and Carnley Williams. If you can't find the last issue you can go to www.arsce.org to view many vears of the newspaper, and while you're there you can check out the new picture section.

Mr. Hovland can be reached at parksnews@arsce.org

In A Light Manner

By Frank dos Remedios, RCLEA President

The Retired City Light Employees Association (RCLEA) concluded the year 2013 with a successful Fall Luncheon at the Nile Country Club. It is always great to see so many familiar faces, exchange holiday greetings, and catch up with others on life after City Light. Our guest speaker was recent retiree Dave Smith who brought us up to date on the latest happenings at City Light. Everyone was interested to learn what has changed and what has remained the same and enjoyed his talk. We want to acknowledge and thank the *Tap Root Theater* for their donation of two tickets to one of their shows as our main door prize selection. If you were at the luncheon I am sure you are looking forward to our next scheduled event. If you weren't there, I encourage you to join us and enjoy the company of your friends and acquaintances at the Spring Luncheon (Save the date: May 6, 2014).

Last year was a busy one for the RCLEA Board. Our regular events of the Spring and Fall Luncheons and the Summer Picnic went off without a hitch. Our special events included Hiking and Biking trips, Golfing, and a great tour of the Skagit Hydro-Electric Project and Ross Powerhouse. The success of these special events has inspired the Board to find events that appeal to an even wider range

of interests during 2014. If you have ideas or would like to lead an event please let the Board know.

The Board

took on the challenge of revising the R C L E A By-Laws and after 2+ years it is complete. You can find a report on the changes on our web page, www.rclea.net. We have also established an emailing list where we notify our membership of items of interest between newsletters in addition to City Light's monthly

publication of



Left to right: Chuck Benson, Steve Church, and Dorothy Nelson



Left to right: Gerry Garman, Patty Breidenbach, Dave Smith, Alice Ekman and Randy Hardy



Left to right: Sally Clapp, Jana High, Gary Colburn, Stan Krohn and John Stackhurski

NetWork. If you wish to receive these mailings, just send an email to Frank dos Remedios at fdosremedios@yahoo.com asking to be included on our confidential mailing list.

The 2014 Board officers are: President ~ Jack Kelley; Vice~President ~ Ray Ely; Financial Secretary ~ Sharon DeLong; Treasurer ~ Dee Smiley; and Corresponding Secretary ~ Joe McGovern. Other Board members are Frank dos Remedios, Alice Ekman, Carol Everson, Mike Knutson, Joe McGovern, Del Mercure, Gary Moore, John Motz, Paula Rose, and Jim Todd.

You can reach Mr. dos Remedios at fdosremedios@yahoo.com

USTFOREUN



Fruit & Veggies Frenzy

Add one letter to the word in each line. Rearrange all the letters to spell the name of a fruit or vegetable.

Example: plea

Answer: Add the letter p to spell apple.

1. noon	_ 8. chap
2. page	9. if
3. tee	_ 10. groan
4. chains	_ 11. nor
5. nab	12. elm
6. ump	13. raids
7. rap	14. eat

Answers

1. onion 2. grape 3. beet 4. spinach 5. bean 6. plum 7. pear 8. peach 9. fig 10. orange 11. corn 12. lime 13. radish 14. date

LOOKING FOR A VOLUNTEER OPPORTUNITY

Many ARSCE members currently volunteer. Others would like to volunteer but are not sure what opportunities exist. Space limitations mean we cannot list individual opportunities in the ARSCE News.

Please refer to these two extensive websites for volunteering opportunities in the Seattle area: United Way of King County (www.uwkc.org/volunteer). This is probably the most comprehensive of the local volunteer opportunity websites. A search of their database using the term "parks" returned 76 different volunteer opportunities; "animal" returned 65 opportunities, "home" returned 141, "senior" returned 50 and "children" returned 595. You can register on the site and arrange to have internet "feeds" sent to you about volunteer opportunities in areas that interest you.

Volunteer Match (<u>www.volunteermatch.org</u>) is another very good comprehensive site with some interesting geographical limit capabilities. Enter your home zip code to start.

Writers Wanted!



Do you have a passion to share with others? Perhaps you have a unique hobby, or fun passtime you're excited to encourage someone to try. Tell us about it!

It could be that you're our next columnist. Tell us about yourself.

Contact us at: arsce.org

Be Sure to Vote ~ Find Your Ballot inside this issue ~ Ballots Due at Post Office by March 19th



Wednesday, March 12th, 2014
West Seattle Golf Course Banquet Room
4470 - 35th Ave. SW, Seattle, WA 98126
(Ample Accessible Parking)

11:00am – Noon: No Host Bar & Visit with Friends **Lunch served at Noon** – St. Patrick's Day Buffet featuring a savory Shepherd's Pie, homemade Chicken Noodle Soup,

COST: \$20.00 Per Person

Soda Bread, and Beet Salad. Dessert, Coffee & Tea provided.

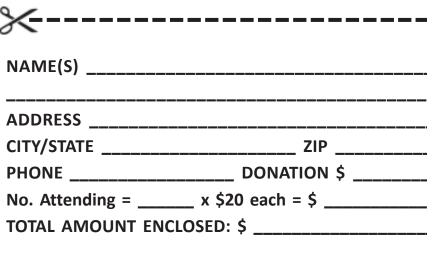
Reservations due by Wednesday, March 5th, 2014 (Cancellations no later than 48 hours prior to the luncheon. Cancellation questions? Call Pam Baer at 206-992-7311.)

Luncheon Program: "Fraud Fighter"

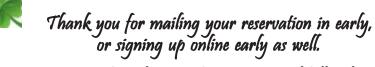
Learn about 9.D. Theft, Current Scams, and Financial Exploitation especially these targeting seniors

Presented by AARP
(American Association of Retired Persons)

Please make your check or money order payable to **ARSCE Spring Luncheon** and mail it with your completed reservation form below. **Or**, you may register & pay online by simply going to www.arsce.org and click on the "Spring Luncheon" link which you'll find on the home page.



MAIL TO: ARSCE SPRING LUNCHEON P.O. BOX 75385
SEATTLE, WA 98175-0385



Invite a friend or two for some special fellowship and a wonderful meal.

Thank You!

2014 MEETING AND PUBLICATION DATES

Wed. Mar. 12 - ARSCE Spring Luncheon @ West Seattle Golf Course Banquet Room

Wed. Mar. 19 - Ballots Due in P.O. Box

Fri. Mar. 21 ~ Count Ballots

Tues. Mar. 25 - News Deadline (May/June Issue)

Wed. Apr. 9 ~ ARSCE Executive Board Meeting –

Elect Officers

Fri. Apr 25 ~ Mail ARSCE News (May/June Issue)

Wed. May 14 - ARSCE Executive Board Meeting

Tues. May 20 ~ News Deadline (July/Aug Issue)

Wed. June 11 - ARSCE Summer BBQ Luncheon @
West Seattle Golf Course Banquet Room
(Swear in Officers/New Board Members)

Fri. June 20 ~ Mail ARSCE News (July/August Issue)

Note: Calendar is subject to change by Board approval.

Application for Membership: Active & Retired Seattle City Employees

New Member \square Beneficiary \square Address Change \square Dues Payment \square Donation \square		
Address Change in Dues Fayment in Donation in		
Name Tel. No		
Address		
City State Zip		
Date Retired From Dept Amt. Encl		
If still employed with the City, indicate the number of years:		
E-Mail Address		
Semi-Annual Dues: \$6.00. January 1 to June 30.		

If you wish to have your dues deducted from the check you receive in July, please fill out the following section for the Retirement Office and include it with the rest of this coupon when you mail it to ARSCE. Or apply online at the email address below.

Active & Retired Seattle City Employees Dues Deduction Authorization

To: The Board of Administration, City of Seattle Employees' Retirement System:

The undersigned hereby authorizes the City of Seattle Employees' Retirement System to deduct from my retirement, beneficiary and/or disability allowance, such dues as are duly established from time to time by the Active & Retired Seattle City Employees (ARSCE). Until further written notice by me to The Retirement System Office, such deduction shall be made annually from my July allowance and shall be paid to Active & Retired Seattle City Employees, P.O. Box 75385, Seattle, WA 98175-0385.

Name (Please Print)	Department
	///////
Signature	Date
Address	
	/
City	State Zip Code

Mail to: Active & Retired Seattle City Employees P.O. Box 75385, Seattle, WA 98175-0385 Attn: Pam Baer Or Apply online at: http://arsce.org/membershipapp3.htm