

ARSCE News

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ASSOCIATION OF RETIRED SEATTLE CITY EMPLOYEES
For: Active & Retired Seattle City Employees
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HAPPY HOLIDAYS!



OUR PRESIDENT'S MESSAGE

By John Masterjohn

Well fall is upon us, the weather is starting to change, but wasn't it the best summer in a long time? School has started and there are kids everywhere — so don't forget to drive the speed limit during school hours because they installed five new cameras at different schools.

At our last board meeting, we discussed having a time slot at the beginning of each meeting for members to come and comment on issues that they would like us to review and possibly act upon. So if there is an interest in coming, please notify me so we can create time for you on the agenda. Also, you can check our website for more information.

The ARSCE Christmas Luncheon has been set for Wednesday, December 3rd, at the West Seattle Golf Course. The cost will be \$22.00 per person. Just a note to explain how the gift exchange works — if you want to be included in the gift exchange you need to bring a gift. That means couples should bring two gifts. I would like to personally thank Pam Lucarelli and Kathy Ray for co-chairing the Program Committee for a number of years and doing a great job. We are lucky to have Ann Beard, who has volunteered to take over chairmanship of that committee.

I met with Ken Nakatsu this month and he relayed to me that the Seattle City Council had approved the SMC (Seattle Municipal Code) clean-up, the final average salary/service credit, the current interest rate on current employees' funds at 3.66% and most important, the City's increase to the fund.

Well I hope to see you all at the Christmas Luncheon. Please sign up early so we can get a good head count, and if you can't make it please have a great holiday and a Happy New Year.

Your President,
John Masterjohn



Contact Mr. Masterjohn at president@arsce.org

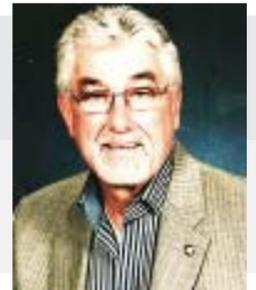
Hey, hey, hey...
Join the Gang for the
ARSCE CHRISTMAS LUNCHEON:
Wednesday,
December 3rd.
We know how
to have fun!

Reservation form
found on page 12.



YOUR PENSION NEWS

By Lou Walter, Retired Employee,
Member of the Seattle City
Employees' Retirement System



Improving SCERS' Performance

I'm hoping everyone had a great summer and enjoyed their Labor Day Holiday. On to summer Board actions:

In July, the Board of Administration for SCERS (Seattle City Employees' Retirement System) accepted the January 1, 2014 Actuarial Valuation for the System from its actuary, Milliman. In recent years, because of under-funding of the system's investment portfolio, the Board has asked for the valuation annually.

The Actuarial Valuation identifies SCERS' assets and pension liabilities and sets the annual Actuarial Required Contribution (ARC) based on a set of economic and demographic assumptions set earlier in May and June in what is known as the Experience Study. The ARC is the total percentage amount of payroll that employees and the City of Seattle must contribute, hopefully, to eventually fully fund the system. The ARC, which must be approved by resolution of the City Council, is expected to be 25.76%. Of this, employees pay 10.03% and the City will pay 15.73%. Last year the ARC was 24.34%. The increase of 1.42% will result in the City having to contribute an additional \$8-9 million.

The Actuarial Valuation also established the January 1, 2014 "funding ratio" at 64.2%. This is a slight improvement over the previous year's figure of 63.5%. It is lower than the ratio on a "mark to market" basis which was 68% on January 1. The formal funding ratio is lower than the mark to market figure because it incorporates what

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is called "asset smoothing." Asset smoothing recognizes investment gains or losses over a five (5) year period. It has been applied recently to reduce the variability of the ARC as a result of investment results.

You might wonder why the funding ratio has only improved slightly, given that the financial markets did very well the past year. The Experience Study and Valuation Study have recognized those gains, but also based on the advice of both our investment advisor and actuary, lowered the expected long-term investment results. Both advised to lower our expected investment results from 7.75%/year to 7.5%/year over a 30-year study period. The lower expected investment results significantly increased the liability of the system and largely offset the investment gains that were actually realized in the past year.

The bottom line is that despite the continuing challenges, the City of Seattle remains committed to funding the ARC and SCERS remains able to provide the benefits promised to retirees and employees.

Thanks to Ken Nakatsu, SCERS' Interim Executive Director, for assisting with this article.



What is the proper pronunciation? Poyn-SEHT-ee-uh or Poyn-SEHT-uh? It's your choice! This holiday favorite arrived in the U.S. in 1825 when botanist Joel Poinsett, appointed first ambassador to Mexico by President Madison, sent some home to South Carolina. By 1836, the plant was named in his honor. Congress enacted December 12, the date of Poinsett's death, as National Poinsettia Day.

Native to Mexico where it is called "Nochebuenna" (beautiful night), over 59 million poinsettias are sold each year valued at \$242 million...an estimated two per U.S. household.

A close look will help you purchase a plant with longer blooming power. A fresh poinsettia has little or no pollen showing on the flowers. Plants that start shedding pollen will soon drop the colorful bracts. Select a plant showing no pale green, yellow or fallen leaves.

Transport it home avoiding a cold and drafty car. It's precious, ok? It will thrive with TLC. When in bloom, use a high nitrogen fertilizer every two weeks. It likes a light misting early in the day at least 2-3 times a week and a temperature of 60-70 degrees. Ideally, six hours of indirect, filtered light a day is best. Keep the soil evenly moist, but not wet.

Make this season bright and beautiful with holiday plants. They are great gifts for friends and family and are a lovely addition to your home decor...large or small.

Pet Lovers: Consult your veterinarian regarding poinsettias' toxicity to our fur friends. They have a bad rap. Far more worrisome are holiday bouquets containing lilies, holly and mistletoe. During the holidays poinsettias are a popular plant and can be enjoyed in most households if proper care and diligence are taken.

Submitted by Pam Lucarelli



**Essential Telephone Numbers
And Web Addresses**

ARSCE: 206.992.7311
(Change of Address/Membership Questions)
E-mail: financial.secretary@arsce.org
Website: www.arsce.org

Mayor's Office for Senior Citizens: 206.684.0500
(Information on available programs/services)
E-mail: seniors@seattle.gov
Website: www.seattle.gov/seniors

Personnel Department: 206.615.1340
(Benefits)
E-mail: benefits@arsce.org
Website: www.seattle.gov/Personnel/

Retirement Office: 206.386.1293 or 1.877.865.0079
(Retirement Checks/Health&Dental Benefits/General Questions/Change of Address/Tax Withholding)
E-mail: retirecity@seattle.gov
Website: www.seattle.gov/retirement

**Statement of Ownership
And Management**

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ARSCE dues are \$12.00 each year from July 1st through June 30th.
Opinions stated by various writers are their own and do not necessarily reflect the policy of ARSCE.

Contact us at www.arsce.org
Or telephone us at 206.992.7311



The View from the Buses

By Paul Pioli

Well sports fans, here we are looking at the holidays. With November and December and all the goodies, we all eat too much and look to avoid the scale. We begin to think about New Year's resolutions. First it's Thanksgiving, then Christmas, and then New Year's Eve. Of course, we will be having the annual Christmas Party at the Burien Elks. The date for the Christmas Party has not been set as of this writing, but it's usually on a Thursday, the first part of December. I don't know about now, but the buses always had a party for Christmas.

Gary says **LeRoy Lally's** golf tournament is the 17th and 18th of November on a course just west of Las Vegas.

Jim Craddock and wife joined us for breakfast in September. He let us know they were not in danger with the forest fires around Ellensburg. **Al French, Jim**, and myself spent time talking about working at Jefferson Base with **B.T. Pierce** and **Johnnie Fayne**. Talking about the "old timers" we learned from – how to stay on time, when to run "sharp" and when to lay back.

RIP: J. Rick Sepolen passed away Monday evening, August 11th, having lost his fight with brain cancer. A celebration of life was held at St. Therese Catholic Church on Saturday August 23rd.

I haven't had any other reports of members' activities or illness. I hope this is a sign that no news is good news, and everyone is enjoying themselves. From me personally, I wish everyone a Merry Christmas and a Happy New Year!

Contact Mr. Pioli with your news at busview@arsce.org



**BE SURE TO VOTE
TUESDAY - NOVEMBER 4TH**

Fellowship All Over Town



Engineers' Luncheon: Retired City and County Engineering people meet for lunch quarterly. Call Barbara Graham @ 206.525.7859; or Ted Ormbrek @ 206.522.7867; or Joe Curulla @ 425.643.0309; or Sharon Howell @ 206.363.1909 for information.

City Light Line Crews & Friends Breakfast: This group meets at Shay's Restaurant, 15744 Aurora Ave. North, near 160th on the East side of Aurora, on the first Thursday of the month at 8:00 AM. Call Bud Eickstadt at 206.362.8336 for information.

RCLEA (Retired City Light Employees' Association) Lunches: If you retired from City Light, you should be receiving the Newsletter sent out at regular intervals which lists the dates and locations of the informal luncheons and the more formal fall and spring luncheons. For information contact Frank dos Remedios at 206.363.1938 or go to www.rclea.net

Retired Range Service Employees meet at the Blue Star Restaurant, 4512 Stone Way North, Seattle, at 12 Noon on the second Wednesday of each month.

Seattle Transit Breakfast (North End): This group meets at Shari's Restaurant, 15252 Aurora Ave. N., on the first Saturday of each month.

Transit Retirees (South End): Meet at the Burien Elks Lodge at South 140th St. and 1st Ave. South on the third Saturday of the month at 8:30 AM for breakfast. Contact Al Ramey at 206.243.8504 or Dave Carter at 206.910.8311.

City Light South End Crews and Friends: This group will meet for breakfast at 9:00 AM the first Tuesday of each month at the Denny's located on First Ave. So. and So. 148th Street. Call Arnie Schroeder at 206.824.1747 for information.

SDot's Traffic Signal Division retirees meet the 3rd Wednesday of each month at Tommy's Café, 74 Rainier Avenue South in Renton, WA. For information contact Jim Chase at 206.246.5848.

METRO Retirees' Lunch: This group meets at 11:00 AM the second Tuesday of Jan., Mar., May, July, Sept., and Nov. at the Crazy Moose Casino, 22003 66th Ave. West in Mountlake Terrace. At 11:00 AM on the second Wednesday of Feb., Apr., June, Aug., Oct., and Dec. The group meets at Billy Baroo's Restaurant located at 13500 Interurban Ave. So. in Tukwila. For information call Lonnie Sewell at 206.915.1415.

Another Retired Transit Group: This group meets the 1st Saturday of the month at the Family Pancake House located at 238th & Aurora at 7:30 AM. Contact Dave Carter at 206.910.8311.

Old Timers Luncheon Group MTD/DAS/ESD. This group meets at 11:00 AM the first Monday of the month at the Old Country Buffet, 4022 Factoria Square Mall SE, Bellevue, WA.

Engineering Retirees' Lunch: Engineering Dept. Field Personnel Retirees meet the 1st Wednesday of the month at 10:00 AM at Shay's Restaurant located at N. 160th St. & Aurora Ave. N. in Shoreline, WA. Contact Roy Galloway at 206.362.3937 for further information.

Parks Dept. Retirees' Luncheons are held on the 2nd Wednesday of the month at the 125th Street Grill located at 12255 Aurora Ave. North. Meet at 11:30 AM for lunch.

Health Dept. Environmental Health Workers and Spouses meet weekly every Saturday for breakfast at 7:30 AM. All Health Dept. retirees are welcome. For information call John Nordin at 206.524.7837.

In A Light Manner

By Frank dos Remedios, RCLEA President

RCLEA - What is that?

RCLEA (Retired City Light Employees' Association) is a social organization intended to help retirees maintain contact with their co-workers. We publish four newsletters each year, sponsor two luncheons, a picnic, golf tournament, and various other events such as hikes and ski and bike trips. For those for whom we have email addresses, we also send out mailings which we receive from City Light.

If you ever worked at City Light, you are eligible to be a member of the **Retired City Light Employees' Association**. How do you become a member? If you let us know you have retired and worked at City Light, you are automatically a member of **RCLEA**. We ask for an annual donation of \$6.00 to help us support the various functions we conduct throughout the year. If you are interested in joining, send an email to Frank dos Remedios at fdosremedios@gmail.com or call him at 206-363-1938. He will be glad to talk to you about the organization.

On August 14th, 24 golfers participated in our 17th Annual Golf Tournament at the Foster Golf Links course. This year's winners were Don Marshall, Cheryl Stiles, and Doug Rough. After the tournament an afternoon meal was enjoyed at Billy Baroo's Restaurant.

❖ ❖ ❖ ANNOUNCEMENT ❖ ❖ ❖

Retiree Medical Benefits Annual Enrollment for 2015: November 3-26, 2014

For retirees currently enrolled in a retiree medical plan, the Retirement Office mailed benefit packets with 2014 plan summaries and rates to homes at the end of October. The packets also included the annual notices that the City is required by law to distribute. A copy of the packet is available on the Retirement Office website: http://www.seattle.gov/retirement/medical_info.htm.

Please check your mailbox for your enrollment packet. If you want to make changes or if you have questions, please contact the Retirement Office at 206-386-1293. Changes for 2015 must be received or postmarked by November 26, 2014.

(Retirees that are not currently enrolled in a City retiree medical plan will *not* receive a packet.)

Our Holiday Luncheon is scheduled for Tuesday, December 9th, at the Nile Country Club. Roasted turkey with all its trimmings will be served together with dessert, coffee and tea. The cost is \$20.00 per person. A social hour will begin at 11:00 a.m., with lunch being served at 12:00 noon. If you are interested, complete the registration form in the upcoming RCLEA newsletter or contact Frank dos Remedios at the contact information given above (or below). We hope we'll see you there.

You can reach Mr. dos Remedios at fdosremedios@gmail.com

Old Timers Luncheon Group MTD/DAS/ESD

By Jerry Robertson

The Old Timers Luncheon Group continues to meet the first Monday of each month at the "Old Country Buffet," 4022 Factoria Square Mall S.E., Bellevue, WA at 11:00am.

Remember to mark your calendar for our upcoming luncheon dates: November 3 and December 1, 2014. A brief peek at 2015 dates include: January 5 and February 2.

We had twenty-two at our August luncheon and twenty at our September luncheon. I expect our numbers will decrease during the upcoming fall and winter months. Remember, your spouses are also invited.

We were pleasantly surprised and pleased, when Jim Watson showed up at the August luncheon. Jim is a full-time resident of Arizona. I do believe he enjoyed his visit and the slightly cooler weather here in the Seattle area. Jim moved to Lake Havasu City after retirement, and does visit here for a golf tournament each August. It was great to see you Jim!



Jim Watson visited from Arizona



Birthday Celebrants included (from left to right):
Bob Sestak, Miriam Lucas, Sheldon Loo & George McDonald

As I mentioned earlier in this article, our attendance numbers will probably drop some during the winter months. Lloyd and Martha Hansen, Miriam and Gene Lucas, and Al Mayor, all will be heading to the warmer Arizona weather. We will miss them all while they are away and look forward to their return.

August birthdays were celebrated by Alan Britenham and "Toshi" Okamoto. A large number of our group had September birthdays: Ramey Duchscherer, Sheldon Loo, Miriam Lucas, George McDonald, Bob Sestak, Nancy Smith, and Jon Wong. A very happy birthday to all of them!

You can reach Mr. Robertson at oldtimers@arsce.org

The Film Guy

Some Favorites on DVD
By Jim Mohundro



Howard Hawks' Guys and Dolls (Not a Musical)

Sam Goldwyn may have said “if you want to send a message, use Western Union,” but he didn’t turn down the 1946 Best Picture Oscar for *The Best Years of Our Lives*. Only a few films are “message” pictures; most other films are easily identified by their *genre*, e.g., westerns, romances, comedies, mysteries, etc. Director Howard Hawks made *genre* films about tough guys, and often tougher dolls, under stress, sometimes life-threatening, sometimes comedic, and perhaps he made more of these films better than anybody else. Here are just a few:

Scarface (1932) Paul Muni, a Capone-like Tony Camonte in this gangster classic, builds his acting chops for his future Oscar-winning turns as historic Frenchmen Louis Pasteur and Emile Zola, and George Raft shows up as Tony’s memorable coin-flipping henchman in the role that makes him a star. *Scarface* is one of the first films to glamorize the Tommy gun as a weapon of domestic war.

Bringing Up Baby (1938) English acrobat Archie Leach comes to the US in 1920 and his athletic skills pay off as he’s now Cary Grant in this classic screwball comedy where leopards leap and sticks slap. Kate Hepburn is slim, athletic and kooky in a Bryn Mawr, drawing-room sort of way, and Charlie Ruggles shines as a befuddled big game hunter.

Only Angels Have Wings (1939) It was a dark and stormy night. Battling Jean Arthur, Rita Hayworth, thunder, lightning, condors, and each other, Cary Grant, Thomas Mitchell and a handful of other stalwart flyers carry the mail over, through and against the Andes in this adventure’s great flying sequences made before today’s computer-graphic imagery.

In His Girl Friday (1940) Cary Grant and Roz Russell trade lines so fast that you’ll have to listen just as fast to get them all in this version of the MacArthur-Hecht hit play *The Front Page*, while veteran Ralph Bellamy is the quintessential straight man. This dramedy is best watched while seated in a

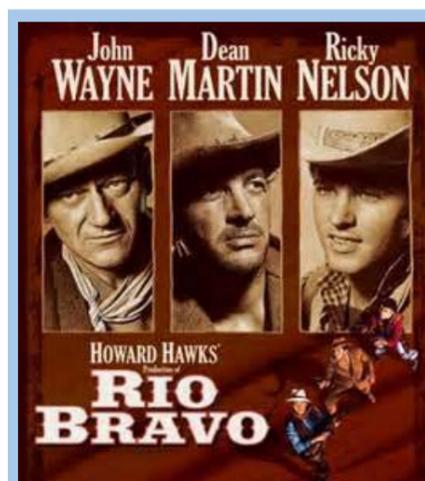
chair well planted on a soft rug to lessen the effects of rolling/falling out one’s seat.

To Have and Have Not (1944) brings together a 20-year old, slim and glamorous model for her first film and a veteran 44-year old, short, bald actor with a lisp. What could be more natural than this Humphrey Bogart, Lauren Bacall pairing. Well, almost anything, but it works. All you have to do is whistle.

The Big Sleep (1946) When asked, even *The Big Sleep*’s author Raymond Chandler couldn’t remember who killed off one of the characters, but it doesn’t matter. This film noir gem has guns and dames and a wonderfully icy Bob Steele as Canino, but it’s really all about the electric Bogart-Bacall chemistry.

John Wayne is not always an all-American screen hero. In 1948’s **Red River** he plays against type in this story of an epic first cattle drive along the Chisholm Trail and a mutiny with a bounty, with solid work by young Monty Cliff in his second film, and John Ireland as a subtly menacing Cherry Valance. If one keeps score, Dmitri Tiompkin’s is one of his best.

Rio Bravo (1959) Hawks didn’t like *High Noon*, and Duke Wayne happily joins him in the director’s answer to the Gary Cooper picture, brings along odd couple Dean Martin and Ricky Nelson (who spin six-guns and harmonize on “My, Rifle, My Pony and Me”, a dern nice little tune borrowed by Tiompkin from his own *Red River* score), and 5’5” Angie Dickinson wraps 6’4” tough sheriff Wayne around her little finger.



Rio Bravo starring John Wayne, Ricky Nelson & Dean Martin

These films have subtitles in English or “close captions” for the hearing impaired, and are around town at video stores that carry decent inventories of the classics, but the films may not be available with subtitles or close captioning from cable or satellite, or from “streaming” resources such as Netflix and Amazon.

You can reach Mr. Mohundro at filmguy@arsce.org



HONORING ALL WHO SERVED

VETERANS' DAY

Tuesday, November 11th

Complete Our Circle



Join ARSCE today as a Retiree, Beneficiary or even if you are currently working.

Application on Page 12.

Send ARSCE Your News, Short Stories & Poems

You can send your information to:

ARSCE News

P.O. Box 75385, Seattle, WA 98175-0385

Or email your news and information to

arscenews@arsce.org

NEXT NEWS DEADLINE:

November 18th, 2014

(All submittals become the property of ARSCE.)

The Computer Guru

By Larry Howell



Tech Talk ~ A Challenge for Most Seniors, But One Must Learn to Speak the Basics

Question: My wife and I are ARSCE members, retired from Seattle Public Library. We have a Dell PC, about a year old. The man who sold and installed it for us is young, bright, etc. But we wish we had a tech we could call on who is not necessarily older, but more, senior-friendly, I would say...with lots of patience.

Can you suggest a firm or individual?

The machine is ok at the moment. Just “future-izing.”



Answer: Your desire to find a PC tech with both technical and personal skills is a quest shared by most senior computer users.

Commercial Computer Support programs are typically not viable options for most seniors. In my experience, the rates and “attitude” are structured more in

line with tech support of business and seem not to be “in tune” with the typical home user.

The only solution that I am aware of, and that I can personally recommend, is the North Shore Senior Center Home Computer Support program provided by the Senior Center in Bothell. Their program provides excellent technical support by personnel who also possess excellent “people skills.”

Senior Centers seem to me to be the logical organization to develop computer support programs for their members and I would like to see members of other Senior Centers in the Seattle area lobby their Senior Center to develop similar programs.

Question: I recently had a new home computer set up by a computer technician from the store where I purchased the laptop. The laptop is working fine, but after reading your column, I realize that the setup did not include many of the things that you have suggested.

Can you provide a checklist of what I should do to protect my computer?

Answer: You are wise to realize that the major part of protecting your personal files and the computer itself depends upon actions that must be taken before you start using the computer. I have a tendency to respond to problems with short quotes that I have collected. The applicable quote in this situation is, “Don’t wait for a shipwreck to learn how to swim.”

Let me lay out the scope of the issue first. The requested checklist will be provided at the end of this column.

Many of the recovery options depend upon creation of files and recovery discs that must be created while the PC is in its “pristine” state. When a computer crashes, either through hardware failure, corruption of the operating system or irreversible damage inflicted by viruses/malware, the lack of the required recovery files and recovery media will very likely result in needing to have the operating system completely reinstalled.

If reinstallation of the operating system (Windows) is required, you will need to reinstall all of the applications you had previously installed, plus your personal documents, assuming you have backed up personal documents to an external storage medium (external hard drive or online storage). Reinstalling the operating system can be expensive and may require purchase of new copies of the application software or contacting the software vendor to obtain permission to re-install the application after the operating system has been restored.

One recent “disaster” situation really highlighted the dangers inherent in not being prepared. The laptop was purchased in mid-2013. The operating system on the laptop included a system restore partition that could be used to restore the hard drive to the factory original configuration...assuming the user created a System Restore disc when the laptop was setup.

In this case, the user had not created the required System Restore disc. The user attempted to re-install the operating system from a borrowed Windows Installation disc and in the process deleted/corrupted partitions on the hard drive that were required for proper operation of the computer.

When the computer manufacturer support division was contacted, the only restore option provided to the user came with a one-time \$100 charge (or a \$200 charge for an extended warranty). Keep in mind that the user would still need to reinstall all of the application software (Office, Anti-virus software, and utility software), plus any externally backed up personal documents.

continued on page 7

NOW FOR THE CHECKLIST:



- Immediately after the initial setup has been completed, follow the instructions provided during the installation to create a Recovery Disc that will be required if the computer operating system needs to be restored. If the computer manufacturer offers a set of discs for reinstallation of the operating system, take advantage of this resource. A set of reinstallation discs is well worth the cost. (Unfortunately, most vendors have shifted to online recovery processes...at substantial cost.)
- After you have accessed your user account the first time (logged in), immediately create a “password recovery disc”. Patrick Marshall, a tech column writer published in the Seattle Times, recently wrote an excellent article explaining the procedure that you need to follow to create a password reset disc (readers with subscriptions to the Seattle Times can access Marshall’s column at the paper’s website: seattletimes.com).
- Set up a document backup program to an external storage device. With Windows 8/8.1, you may choose to use the Windows History function to back up your personal documents to the backup drive or you may choose to use a 3rd party Backup Software utility. I use both.
- Use a 3rd party software utility to create an image of the computer hard drive that can be used to restore the hard drive if the disk fails and needs to be replaced.
 - The restore image should be re-created every time a new software application is installed on the computer. The image should be stored on the external backup device.
 - Creating a restorable image is harder than it should be. The newer operating systems use an EFI/UEFI partition instead of the older MBR partition. Most of the disk imaging software options I have recently tried have not been able to restore the image to a bootable format on systems using EFI/UEFI.
- Some proprietary services are available, for example the Premium Backup system that is available with new Dell computers. Their system backup software specifications indicates that their backup software system is able to create restorable system images or clone hard drives on their computers. The online recovery process assumes that the recovery partition on the hard drive has not been corrupted/deleted **and** the System Recovery Discs were created as part of the initial setup process.
- **Caution:** Be sure to create the System Recovery/Restore Disc. The restore process will undoubtedly require use of the System Restore Disc. Regardless of which System Recovery software solution or service you use, be sure to create any System Recovery discs required by the restore process. Complete this process immediately after the initial setup of the computer, label the discs (using a CD/DVD safe marker) and store the discs in a safe place where you can find them if needed..
- If you do create a system image that you plan to use as a system recovery solution, you really need to test the image software to see if the software is able to use the image to create a bootable hard drive on your computer. Unfortunately, the only real way to test the restored hard drive is to remove the original hard drive from the computer and install a comparable replacement hard drive. After the image is restored to the replacement hard drive, reboot the computer. If the computer will not reboot from the restored hard drive image...well, at least you know that the imaging software will not be your life jacket when the ship sinks!

Tech Talk for Seniors...continued from page 6

In a short form, the technician that does the initial setup of your computer should:

- Create all Recovery Discs that may be needed to restore the operating system on the computer, as well as the user login recovery
- Setup a backup program for protection of user files
- Install/Setup a top rated Internet Security Program (see software ratings on www.cnet.com)
- Instruct the user on software updates. Windows updates should be automatic, but other programs including Adobe and Java utilities may require user approval before the updates will be applied.

Using a computer is not for the faint-hearted! As a final comment, I know that many users will be overwhelmed by the “safe computing” tasks outlined above.

As a realistic alternative, at least have a “good” Internet Security application installed on your computer and be sure to have a routine scheduled backup of your personal files to an external hard drive. You may end up having to pay a hefty price to have your system repaired, but the most valuable items...your personal files (especially the pictures) will be safe and restorable.

Please email any questions you have concerning the topics covered in this article or any other computer questions. Questions submitted to this column may be used (without identification of the sender) as content for this column. Mr. Howell works with other tech gurus to solve a myriad of computer issues that confound even the best of us.

Email your questions to Mr. Howell at Larry.Howell@arsce.org



Parks Department Retiree News

By Alan Hovland

Laurelhurst Salmon Bake: The 52nd event went very well with over 500 people in attendance in early September. Alan Hovland has a unique skill in cooking hot dogs for this large crowd, as he has for over 30 years. The late Norm Houston and then Lee Bicknell cooked the salmon for many years. Tom Mellor, Patti Maxwell, Jeff Skinner, Martin Kral, and Dave Gilbertson were some of the Parks and Recreation longtime employees who helped this year.

Nick Bicknell did retire this August so he can devote more time to the Pirate side of his personality. He and Jerry Russo, Special Populations Advisory Council, attended the Salmon Bake and will continue to be involved with Special Populations.

Jesse Howell is now living at the Norse Home and doing well, eating good meals and talking to the ladies. I always thought that he was from Georgia, not Norway.

Associated Recreation Council President's Dinner at Jefferson Community Center: The new metropolitan parks district which was just passed by the voters will be good for the future of the city and citizens need to be involved with the process as it unfolds over time. Several longtime Parks employees were in attendance, including Patti Petesch, 45 years.

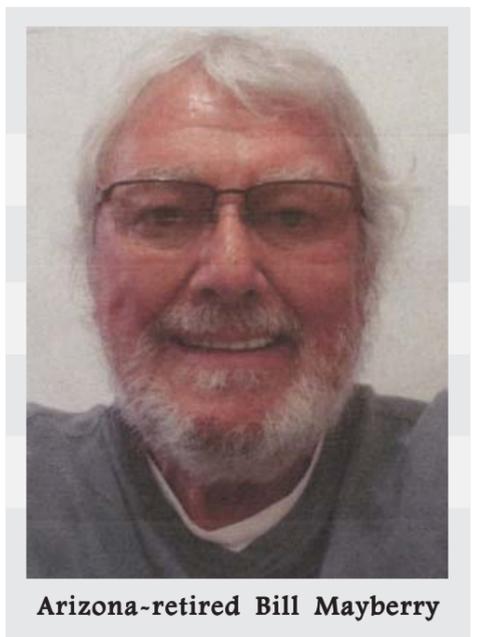
Patti told me a serious story on how we are forgetting our past heroes — the people who made the Parks and Recreation

system great. Her story was about Gene Boyd, a 45-year employee who retired in 1973. He worked at Collins Fieldhouse and had many diverse basketball teams and many other recreation activities. When the Japanese families were sent to Camp Harmony, he was not afraid to organize basketball teams for the many young men. When Gene retired, his recognition dinner was held at the Green Lake Community Center and was attended by 600 people. Many people stood up to testify how Mr. Boyd was such a positive force in their lives.

Bill Mayberry, retired security officer, continues to enjoy retirement in Arizona.

Alan Hovland enjoyed having lunch with John Masterjohn and Pam Lucarelli.

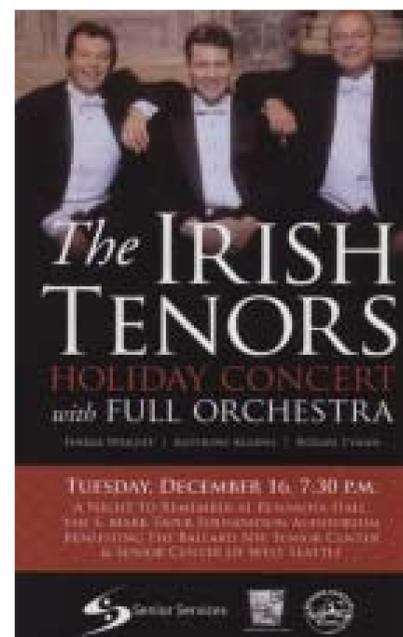
The Irish Tenors will return to Benaroya Hall on Tuesday, December 16th, to benefit the Ballard and West Seattle Senior Centers. This concert will be an outstanding Christmas Holiday event.



Arizona-retired Bill Mayberry



Let's Not Forget Our Past Heroes



Mr. Hovland can be reached at parksnews@arsce.org

WELCOME NEW MEMBERS!

Bob Chandler, Transportation
James Ketelsen, City Light

Elizabeth Newlin, Police
Teresa Rodriguez, Facilities & Administrative Services

Golden Contributions

Florence Colacarro, Parks

Thelma Wilkes, Beneficiary

Memorials

Pamela Baer, Library
In memory of Robert James Flemings

Alan Fine
In memory of Robert James Flemings

John & Lee Sattler, DAS & Beneficiary
In memory of Robert "Bob" Flemings

In Memory

Note: Names with asterisk (*) are ARSCE members

Emily Carter, Library*
Retired: 07/01/94
Died: 07/23/14
Age: 83

John Chinn, Community Development*
Retired: 12/01/76
Died: 12/29/13
Age: 99

Albert Crosetti, Community Development*
Retired: 06/01/84
Died: 07/18/14
Age: 92

Deb Das, Vested
Retired: 01/08/07
Died: 08/30/14
Age: 79

Robert Flemings, City Light*
Retired: 02/01/93
Died: 07/28/14
Age: 81

Mary Foerster, Beneficiary
Died: 08/04/14
Age: 92

Margaret Folsom, Beneficiary
Died: 07/23/14
Age: 97

Juanita Foote-Allen, Beneficiary
Died: 07/30/14
Age: 86

Beva Gall, Beneficiary
Died: 08/19/14
Age: 86

Marian Goddard, DHHS*
Retired: 07-01-1994
Died: 09-22-2014
Age: 85

Emma Hendrickson, Beneficiary
Died: 07/23/14
Age: 83

Joan Henstone, City Light
Retired: 07/07/99
Died: 08/18/14
Age: 82

Lloyd Koher, Transit*
Retired: 09/01/89
Died: 08/06/14
Age: 88

Arthur Lane, Law*
Retired: 10/01/88
Died: 08/24/14
Age: 84

Helene Le Blond, Beneficiary
Died: 08/14/14
Age: 106

Lois Nagamatsu, City Light
Retired: 03/03/10
Died: 08/14/14
Age: 63

Edward Nilson, Vested
Retired: 10/01/86
Died: 08/17/14
Age: 92

Clennon Vasser, Police
Retired: 05/01/91
Died: 07/13/14
Age: 88

Sidney Wold, Seattle Center
Retired: 11/01/85
Died: 08/07/14
Age: 92

Kozo Yamaguchi, Vested
Retired: 10/01/81
Died: 07/25/14
Age: 86



BOOK NOTES

By Lorry Garratt, Library



THE HIDDEN CHILD ~ By Camilla Lackberg, 2014

A taut, twisty psychological thriller enriched with historical detail for fans of Nordic noir by a best-selling Swedish author in a Swedish setting. Crime writer Erika Falck is married to Det. Patrik Hedstrom. He is on paternity leave with their baby daughter and she is attempting to write, but soon she is distracted by finding a Nazi medal in her late mother's possessions and Patrik inadvertently becomes involved in a murder case. Before long, his case and her investigation of the medal intersect. There are three murders and the dark layers of the crimes go back to World War II.

THE COUNTERFEIT AGENT ~ By Alex Berenson, 2014

Legendary CIA hotshot John Wells is aging and his reflexes have slowed, but he is still a complex and awesome protagonist. Once again this is a multi-national thriller involving a nuclear plot, Iran, and a clutch of rogue operatives. Wells goes underground when a deep source learns about the intended murder of a CIA station head and when the tip comes true, Wells is again a force to be reckoned with while seeming more human and vulnerable than before.

DESTROYER ANGEL ~ By Nevada Barr, 2014

Anna Pigeon, Ranger for the U.S. Park Service, is taking a canoeing vacation in northern Minnesota with four friends - a paraplegic who once saved her life, an outdoor gear designer, and their two respective teenage daughters. On their second night, while Anna is taking a solo canoe trip, the others are confronted by four gun-totting thugs who kidnap them for ransom, intending to kill them later. Playing a cat and mouse game, Anna, who is unarmed and accompanied only by their elderly dog, tracks them and, in usual Nevada Barr fashion, awes the reader with Anna's skills and knowledge of the wilderness. It's nonstop suspense and a very satisfying final twist.

SOMERSET ~ By Leila Meacham, 2014

An exceptional storyteller brings history to life once again in this prequel to the bestseller "Roses". Called by some critics as "Gone with the Wind" meets "The Help", the lives of the Tolivers, Warwicks, and DuMonts are followed for six decades as they leave their heritage in the antebellum South and move westward to the new territory called Texas. All the ingredients are here to mesmerize the reader who enjoys a real saga - slavery, westward expansion, abolition, Civil War, love, marriage, friendship, tragedy and triumph.

A SPIDER IN THE CUP ~ By Beverly Cleverly, 2013

A historical mystery popular with both writers and readers who do not want to bother with DNA and other aspects of modern forensic detection. It is England in 1933 and Scotland Yard Commissioner Joe Sandilands is looking into the murder of a young woman found buried on the bank of the Thames with a gold coin in her mouth. But before he can proceed he is reassigned to protecting Sen. Cornelius Kingstone, close advisor to FDR, who is in London for a conference of world leaders looking for a way out of the economic mess. Militarism is rising in Germany and the political game is

high stakes where the fates of the nations hang in the balance. Not surprisingly, the young woman and the gold coin become tangled in the dangerous global game.

THE WEIGHT OF BLOOD ~ By Laura McHugh, 2014

A mystery in layers and past and present ties and secrets. The Ozark Mt. people with their repressed and uneducated lives, and whispers and beliefs in witches and spells and the dangers from any new strangers weave the background for Lucy and her beautiful mother Lila who stayed just long enough to marry and give birth before she disappeared. The retarded girl Cheri who disappeared and a year later was found in cut up pieces beneath a tree. Brothers Carl and Crete, Lucy's father and uncle, who, alternately show their love for her and then make her fear. This is the dark side of a bucolic landscape where a person can easily disappear without a trace.

ONCE WE WERE BROTHERS ~ By Ronald H. Balson, 2013

This is a new look at an old story; two boys who were as close as brothers but grew up to find themselves on opposite sides of the Holocaust. Otto Piatek, abandoned as a small child, is taken in by Ben Solomon's family and raised as one of their own in Poland. As the war clouds darken, Otto becomes an SS officer to save himself and frequently he warns the Solomons of impending danger, but in the end he betrays them in his role as "Butcher of Zamoso". 40 years later in Chicago, Elliott Rosenzweig, respected civic leader and wealthy philanthropist, is accused by the elderly Ben Solomon, who did escape, of being Otto Piatek. This is a powerful story of passion, love, survival and ultimately the triumph of the human spirit.

W IS FOR WASTED ~ By Sue Grafton, 2014

Grafton's alphabet series, featuring private investigator Kinsey Milhone, is approaching the end. They have become longer, denser, more complex, but with better character development and always a very good read. Kinsey's name and number are found on a slip of paper in the pocket of a deceased homeless man who died on the beach in his sleeping bag. When asked to identify him, Kinsey declares him unknown to her which is further confused when his will is discovered and a sizable amount is left to her. It is a multi-layered tale with several mysteries intertwined.

THE ALL-GIRL FILLING STATION'S LAST REUNION ~ By Fannie Flagg, 2013

Two women are forced to re-imagine who they are and what they are capable of. Mrs. Sookie Poole of Point Clear, Alabama, has just married off her three daughters and is looking forward to relaxing and perhaps some travel with her husband Earle. The only problem is Lenore, her strong willed, self-involved mother, who has a shocking, life changing secret from her past. This is Flagg's trademark brand of humor, warmth, tenderness and heart. She spans decades and in telling her story shares with the reader the mesmerizing history of the WASPS, the women's flying corps of WWII.

Contact Ms. Garratt at booknotes@arsce.org

Reflections from Retirement

By Eric Lamers



How Seattle City Light Works

By Eric Lamers and Jack Fahlstrom

This article is mostly intended for non-electrical city workers who get the ARSCE newspaper and would like to know more about how the City electrical system functions. Seattle City Light belongs to Seattle. It is a high-tech, complex facility.

The City's oldest power house, Cedar Falls, which is close to North Bend, has been delivering power to Seattle for just about 100 years. Opposition to its construction was very high, but it has now become quite a tourist attraction as well. We have three power houses and dams at the Skagit complex. It

delivers power to Seattle at 230 kilovolts and is able to deliver almost one third of the power Seattle needs. Our most powerful dam and power house is Boundary Dam at the very northeast corner of Washington. It can provide about one-half of the power needed for Seattle. Only the dam can be seen, as the power house is safely hidden in the rock.

At the receiving end in Seattle, it is also very complex. All the power that comes in to the facility needs to be contained and used safely. We have three major categories of craftsmen (or women) on three levels. There are underground specialists in small, often wet and tight spaces. These vaults are used to tie the proper cables together and protect them. The next level is on the ground where equipment is installed by constructors. The equipment footings are level and large for easy access. All this equipment is on the ground level and easily taken to the work area. That reminds me that constructors are pretty level-

continued on page 10

The Duffer's Corner

By Joe Matthias



Irish “Whiskey in the Jar”

As we near the end of the year we are assured of several truisms. One, it will rain more than we thought it did last year. Two, any snow that falls will be traumatizing and will paralyze the City. Three, any temperature fluctuation below the accepted range of, say seventy degrees, will be reason enough to resurrect the hoard of thermal underwear, blankets, quilts, and heavy outerwear we've had stashed in the garage since last April. And four, many of us, smart enough to heed the warnings, will be prepping to head south to the warmer states or for parts unknown until we feel it is safe enough to return. Thus, another year comes to an end.



Myself, I am thinking of where I'd really like to be when the weather turns sour around me. Ireland comes to mind first and foremost, even though the normal weather pattern there practically mirrors our own. Ireland — it is really as green as they say it is. I remember driving through this fantastically beautiful emerald green countryside, most often found, curiously enough, just outside any large or medium-sized city, and marveling at the rich

colors, the quaintness of the miles and miles of stone fences, the humble Irish cottages that grace the roadways, white with thatched roofs, of course, and the stark history blaring at me from the shattered windows and walls of countless castles.

I can stop at any local inn, tavern for a better word, and be nearly always assured of finding the rich trappings that so easily identify Irish pubs — great local food accompanied by tasty ales and spirits — and listening to a very good local band perform a wide selection of Irish folk music, including the Irish Rover, the Rare Auld Times, and Whiskey in the Jar. And if I happen to have had just a few more nips than I should have, which is really very easy to do, there's always the local bed and breakfast establishments to fall back on. These are most often just a normal household that is renting their spare

rooms for a little extra spending money. They are, without fail, clean, friendly, helpful, and intent on making your stay pleasant and memorable; breakfast included.

As to what to see, the selection is endless. The cities of Belfast and Dublin alone can keep you enthralled for longer than you can afford to stay. Belfast, of course, still part of the United Kingdom, has and still is to a point a battle ground of the loyal Irish against British rule. Londonderry is very much the same with its medieval wall that still surrounds the greater part of it. If you get there, make sure you refer to it as simply Derry or you'll draw stern looks from the local establishment. Dublin, on the other hand, is all Irish and steeped in history much older than anything we have here in the states. Then there are the natural sites which are plentiful, such as the Giant's Causeway and the Cliffs of Mahr, the countless number of castles; any small village is always a jewel to discover, and so much more.



There's just too much. So plan what you want to see ahead of time, what time of the year you will be there, and plot your stays to enhance your touring pleasure. Be careful when you check places out as many may not be open off season, or have an abbreviated winter schedule. Pack plenty of batteries and bring a really good camera. Definitely pack a very thirsty palate and a huge appetite. Remember, whether in the north of Ireland or the south, you're going to be subject to an exchange rate that is not dollar friendly. North you have the British pound at an average of \$1.70 USD to the pound, and south the Euro at \$1.40 USD to the Euro; so bring an adequate budget. This can fluctuate quite liberally, so check this before you go.

Should you ever get to Ireland, do yourself a favor. Ditch the tour groups, rent a car, and plan your own trip mixing hotels with bed and breakfasts. Do your homework so you don't get home and realize you missed something you really wanted to see. Plan on spending at least two weeks and take your time. Just remember, you'll be driving on the wrong side of the road from the wrong side of the car, so be prepared. Will you see everything? Never. But the trip is definitely worth it.

Merry Christmas and Happy New Year.

Joe Matthias, Lighting Department (Lineman), Retired

It's
Cookie
Time!

ORANGE NUT CRISPS

Submitted by Pam Lucarelli

- 1/2 cup sugar
- 1/3 cup butter or margarine
- 1 cup sifted all-purpose flour
- Grated rind of 1 orange
- Grated rind of 1 lemon
- 1 egg, separated
- 1/4 lb. (about 1 cup) chopped walnuts

Cream sugar and butter very well. Work in flour, orange and lemon rind and egg yolk. Work mixture together thoroughly with hands. Make into 24 small balls (a heaping teaspoon for each one). Roll each in slightly beaten egg white, then in chopped nuts. Place on greased baking sheet and flatten out with a fork to about 1/4" thickness. Bake in 350 degree oven for 15 minutes or until lightly browned.

These are great served on your holiday cookie tray!

How Seattle City Light Works...continued from page 9

headed and easy to work with. Then there is the division that works above all others. The linemen climb up the poles with their spurs, then throw a rope around the pole and get to work. Now, however, they are mostly in a bucket rig or on a steel tower. They still are a proud bunch, for they are the ones that come out in stormy weather and are in dangerous situations to get power back to the people. They are recognized in the song, “Wichita Lineman.” The director of the line crews invented a new word, “crowbituary” and reported the count weekly in his report. This is the number of crows that landed on a transformer, stretched their wings and blew themselves to pieces.

We have covered the most visible divisions, but hidden in the offices and shops are many more employees. There are dispatchers that control what will be energized or de-energized, operators that open or close switches as requested by the dispatchers, carpenters, steel workers, meter-persons, relay workers and communication and warehouse personnel. We also have gardeners and laborers to keep our facilities pleasant looking.

It's Your Life

By Veronica Baca

The Gift of Giving: To Others and to Self



Why is there a saying, “That it is in giving that we receive?” Well, for one thing it feels good. We imagine what the other person will feel like when they receive it, we picture them being happy and opening the gift, and loving it. We imagine them looking at us, making eye contact and saying thank you, maybe we’ll even get a hug out of it! We are already starting to feel good just with these visualizations before the gift is even given!

But what if they don’t like it? The last thing we want to do is to be disappointed at the expression on their face when they open it and they have a look of disappointment or whatever their gut reaction...their natural feeling of whatever their feeling is at that time... it could be anything. (They could just have gas and make a funny face!) In our experience, many of us have arrived at the point where we don’t expect anything in return, not even appreciation, because you never know if somebody is going to actually like the gift.

So there’s another tenant that goes, “Give free of expectations,” and that ends up with the giver and receiver getting even more because we’re releasing that expectation of an external *thank you* an external approval, or the other person reciprocating. All that expectation being released means that “yea if she loves it it’ll just be a bonus, but if she hates it — who cares?” We give because it feels good to us. But if we don’t expect even a thank you, or anything in return, then we also won’t be disappointed. In this way, there’s another gift to the other person, a full allowance for their personal reaction to their receiving. (And our freedom from setting ourselves up for taking it personally if it’s negative.)

There’s a vibration in giving. The more one gives, and gives, and gives, the more that giving-vibe you’re building up inside of your own personal space. And the more of that that you build up, the more likely you are to give to yourself. Which is the ultimate gift for one and all. What does giving to yourself



mean? Well, there’s the obvious things like buying a gift for yourself. Some people even buy it, wrap it, unwrap it and feel and act happy. They’ve completed the whole loop in and of themselves. That’s a good exercise! Then there are things like taking care of yourself. Giving yourself the gift of good eating, physical activity, taking breaks from work, taking time to care for your mind...continuing to learn, read and participate in interesting activities. Taking care of your soul by praying, going to church, and/or meditating. These are all gifts for yourself as well.

But I’ve recently learned about an ultimate gift to oneself and it looks like this: a feeling comes up, you say, okay, I’m going to take time for myself right now and give myself the time to just feel this feeling fully. Sit down, close your eyes, and pay attention to your body. Feel where it is manifesting in your body. If it’s a gut reaction, a pain in your heart, whatever it is — give that feeling your full attention. Any thoughts that come, just let them go, because this is a giving-to-your-feeling-self. Pay attention to the feeling, accept it, welcome it, and even send love to it. That’s right. Just notice and observe the feeling. If it changes, notice that, if it moves from your heart to the back notice that, just pay attention to it as it runs its course. That is the ultimate gift to yourself — because in doing

JUST FOR FUN

Christmas Word Search

Select each word from the list below. Find and circle the word in the puzzle. (Example: see ANGEL)

E	R	S	S	P	X	E	D	G	L	S	S	K	Z	R	Q
X	Z	L	F	L	H	T	T	E	N	O	X	Y	E	X	B
D	N	L	D	M	V	A	E	V	C	D	R	E	O	A	U
A	M	E	R	A	H	L	S	E	B	E	D	A	A	T	H
N	N	B	Z	R	M	O	G	C	R	N	M	D	C	P	M
G	A	M	B	M	R	C	D	N	I	T	V	B	L	J	S
E	M	W	Z	A	H	O	C	E	I	T	Q	O	E	L	F
L	W	E	T	X	W	H	R	S	N	K	D	S	E	R	D
V	O	S	Z	B	T	C	Q	E	T	U	C	I	U	R	Z
Y	N	H	O	L	L	Y	S	F	R	C	G	O	A	N	Y
Y	S	X	F	V	T	E	I	I	K	H	C	C	T	V	W
Y	D	N	A	C	R	G	Y	S	A	N	T	A	D	S	S
D	E	L	F	P	H	W	R	E	R	L	Y	U	Z	L	O
I	K	E	L	Q	V	F	Q	F	Z	I	T	S	G	L	V

ANGEL	BELLS	CANDY
CARD	CAROL	CHOCOLATE
DECEMBER	ELF	GIFT
HOLLY	PRESENT	REINDEER
RUDOLPH	SANTA	SLEIGH
SNOWMAN	STAR	STOCKING
TOYS	TREE	

LOOKING FOR A VOLUNTEER OPPORTUNITY

Many ARSCE members currently volunteer. Others would like to volunteer but are not sure what opportunities exist. Space limitations mean we cannot list individual opportunities in the ARSCE News.

Please refer to these two extensive websites for volunteering opportunities in the Seattle area: United Way of King County (www.uwkc.org/volunteer). This is probably the most comprehensive of the local volunteer opportunity websites. A search of their database using the term “parks” returned 76 different volunteer opportunities; “animal” returned 65 opportunities, “home” returned 141, “senior” returned 50 and “children” returned 595. You can register on the site and arrange to have internet “feeds” sent to you about volunteer opportunities in areas that interest you.

Volunteer Match (www.volunteermatch.org) is another very good comprehensive site with some interesting geographical limit capabilities. Enter your home zip code to start.

this, and in accepting and allowing your feelings to this extent — pent up old feelings don’t take over repeatedly through unconscious expressions, getting in the way of your freedom of choice. And then you’re free to give more to others too!

Veronica Baca retired from SPU in August 2013 and has become a Life Coach. You may contact her at veronicabaca75@gmail.com.





**Joyful Celebration!
Come to the ARSCE
CHRISTMAS LUNCHEON**

Wednesday,
December 3rd, 2014
West Seattle Golf Course
Banquet Room
4470 - 35th Ave. SW
Seattle, WA 98126

(Ample Accessible Parking)



11:00am – Noon:
No Host Bar & Visit with Friends
Lunch served at Noon – featuring a
fabulous Turkey Buffet and Ham Carving station.
Dessert, Coffee & Tea provided.



Yummy!

COST: \$22.00 Per Person

Reservations due by Wednesday, November 26, 2014

(Cancellations no later than 48 hours prior to the luncheon. Cancellation questions? Call Pam Baer at 206-992-7311.)

Entertainment: Featuring Mr & Mrs Something Bino & Chelsea Peck beginning at the 11:0am Meet & Greet time.

Please make your check or money order payable to **ARSCE Christmas Luncheon** and mail it with your completed reservation form below.

Or, you may register & pay online by simply going to www.arsce.org and click on the "Christmas Luncheon" link which you'll find on the home page.



NAME (S) _____

ADDRESS _____

CITY/STATE _____ ZIP _____

PHONE _____ DONATION \$ _____

No. Attending = _____ x \$22 each = \$ _____

TOTAL AMOUNT ENCLOSED: \$ _____

**MAIL TO: ARSCE CHRISTMAS LUNCHEON
P.O. BOX 75385
SEATTLE, WA 98175-0385**

ANNUAL CHRISTMAS GIFT EXCHANGE

(WITH SANTA'S ELVES!)

Each attendee brings a wrapped gift, (that means couples bring two gifts) noting the gift's content. The donor writes his/her name on the gift.

You must be present to receive a gift.

Thank You!

2015 MEETING AND PUBLICATION DATES

- Wed. Nov. 12 Executive Board Meeting
Northgate Community Center
10510 5th Ave. NE, Seattle @10:00am
- Tues. Nov. 18 News Deadline (Jan/Feb Issue)
- Wed. Dec. 3 Annual Christmas Party
- Fri. Dec. 19 Mail ARSCE News (Jan/Feb Issue)
- Wed. Jan. 7 ARSCE Executive Board Meeting
- Tues. Jan. 20 News Deadline (Mar/Apr Issue)
- Wed. Feb. 4 ARSCE Executive Board Meeting
- Fri. Feb. 20 Insert Ballots/Mail ARSCE News (Mar/April Issue)

**Active & Retired Employees ~ You're Invited
to Attend the ARSCE Board Meetings.
Please feel free to join us!**

Note: Calendar is subject to change by Board approval.

**Application for Membership:
Active & Retired Seattle City Employees**

New Member Beneficiary

Address Change Dues Payment Donation

Name _____ Tel. No. _____

Address _____

City _____ State _____ Zip _____

Date Retired _____ From Dept. _____ Amt. Encl. _____

If still employed with the City, indicate the number of years: _____

E-Mail Address _____

Annual Dues: \$12.00. July 1 to June 30.

If you wish to have your dues deducted from the check you receive in July, please fill out the following section for the Retirement Office and include it with the rest of this coupon when you mail it to ARSCE. Or apply online at the email address below.

**Active & Retired Seattle City Employees
Dues Deduction Authorization**

To: The Board of Administration, City of Seattle Employees' Retirement System:

The undersigned hereby authorizes the City of Seattle Employees' Retirement System to deduct from my retirement, beneficiary and/or disability allowance, such dues as are duly established from time to time by the Active & Retired Seattle City Employees (ARSCE). Until further written notice by me to The Retirement System Office, such deduction shall be made annually from my July allowance and shall be paid to Active & Retired Seattle City Employees, P.O. Box 75385, Seattle, WA 98175-0385.

Name (Please Print) _____ Department _____/_____/____

Signature _____ Date _____

Address _____

City _____ State _____ Zip Code _____

**Mail to: Active & Retired Seattle City Employees
P.O. Box 75385, Seattle, WA 98175-0385 Attn: Pam Baer
Or Apply online at: <http://arsce.org/membershipapp3.htm>**